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Tips on tipping
Waiters work hard and deserve a fair tip.

Not an egg hunt
Life gives creative ways to celebrate Easter.

Science author, Canyon Ministries founder to speak at LU

By Angela Franklin

Liberty University's Center for Creation Studies will host a talk by the author of the controversial book "Grand Canyon: A Different View" on April 18.

Tom Vail, the book's author, is a Grand Canyon rafting guide and co-founder of Canyon Ministries. His book sparked a national controversy in 2003 and throughout 2004 after seven top-ranking evolution scientists petitioned the National Park Service to remove it from park bookstores.

As the petitioning scientists told the Star-Telegram, "The book is not about geology, but, rather, advances a new religious view about the Earth." However, despite continued opposition from the evolution community and an investigation by the Interior Department, Grand Canyon bookstores still offer Vail's book to the park's more than 4 million visitors each year.

Vail's book promotes a young-earth creationist interpretation of the natural formations found in and around the canyon with striking photography and countless quotes from some of the world's most prominent creation scientists and researchers.

According to creation scientist Tom Vail, the issue beyond the controversy has to do with each camp's interpretation of the evidence.

For example, evolution scientists require an old Earth to account for the theoretical time required for organisms to evolve from a common ancestor. Therefore, they generally teach that the canyon's rock layers formed over millions of years and that the canyon was created by the Colorado River over time.

By Joanne Tang

Nathan Cooley, 21, has been chosen as next year's new student body president, said Cooley, "and we were set up in November." Both candidates were on hand to interact with students and faculty. Ahmet had short animated clips playing on a laptop, and Cooley and his campaign aides set up a sitting area using chairs that were once in the halls of DeMoss. While students struggled to find a seat in the food court, Cooley said he would like to see development on a campus-wide transportation system.

The ballots have been cast, the votes have been tallied, the numbers have rolled in and the dining hall. The final College for a Weekend for the spring semester was held at Liberty University this weekend. Kristin Conrad of the Visitor's Center estimates nearly 1,700 visitors came to see Liberty and were given a look at the university and its diverse faculty and students. The evening service will be held at 9 p.m. in the Hancock Lawn. Pastor Dwayne Carson will be preaching a message entitled "Healing the First Friday." The service will be held at its regular time, 7:30 p.m., with doors opening at 6:30 p.m. for prayer and quiet time.

From Staunton River High School, students packed the house for the sold-out staging of "All My Sons" and late skate at Funquest, ice skating, basketball tournaments and an all-star volleyball tournament. As the petitioning scientists said, "The book is not about geology, but, rather, advances a new religious view about the Earth." It was thankful for such great student life, but until their decision was made, the new Visual Studies program will focus on reflecting back on the cross of Calvary (still remembering what Christ accomplished by his death, burial and resurrection), according to the Lynchburg area, including Campus Church.

Easter weekend is approaching, and while many students will be heading home to spend time with their families and celebrate at their home churches, even more students will be remaining on campus.

Saunders, Ross Dress for Less

Campus Church will not be having a morning service. The evening service will be held at 9 p.m. in the Hancock Lawn. Pastor Dwayne Carson will be preaching a message entitled "Healing the First Friday." The service will be held at 9 p.m. with doors opening at 7:30 p.m. for prayer and quiet time.

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Cooley wins SGA

By Jennifer Moxfield

Students voted for Nathan Cooley as the student body president on April 7. As the petitioning scientists said, "The book is not about geology, but, rather, advances a new religious view about the Earth." Cooley and his campaign aides set up a sitting area using chairs that were once in the halls of DeMoss. While students struggled to find a seat in the food court, Cooley said he would like to see development on a campus-wide transportation system.

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Weekenders descend on Liberty

By Jennifer Moxfield

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Imagine Women's Conference

Calling all women's groups! Have you heard? Imagine Women's Conference is back on campus!

FEBRUARY 04 – Imagine Women’s Conference kicks off campus events, such as campus church and sports, with Imagine Women’s Conference!

Make A Plan For Your Future, Invest In A Home of Your Own

Vicky Pogue... Your SOURCE To Making Real Estate Plans A Reality!

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• Member ABR
• Graduate RE Institute
• Member PSCA
• Certified Residential Specialist
• Liberty University Supporter
• Active Member TRBC
• Accredited Buyer Representative
• Member NAR
• Member ABR
• Graduate RE Institute
• Member PSCA

Contact Tanya Whelly at twhelly@louyr.edu

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SGA: Unity and togetherness

Vail: Extreme ministry

Art: Creativity paints new strokes at student show

Easter: Local churches offer dramas and passion plays

INService reach • teach • grow

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Living on gratuity

A look into life as a server and the rewards they are due

Three long years ago, I made a decision that no one person eating at my table would be served bad food for as long as the service was horrible. “I usually leave a 15-20 percent tip as long as the service was horrible.” “It depends on how good the food was and the waiter’s attitude—usually 15 to 16 percent.” “I typically leave 20 percent if I think the service is good, or 25 percent if it’s great.”

When going out to eat, how much do you leave your server?

—John Janko, Soph.
—Artea Ambrose, Soph.
—Kiera Wortham, Fr.
—David Ernest

I run into at least one of those problems without fail every single time I work. However, there is one day that never fails to be worse than the others: Sunday. Around 11:45 a.m. every single time I work. However, there is one day that never fails to be worse than the others: Sunday. Around 11:45 a.m.

OPINION

When going out to eat, how much do you leave your server?

—Artea Ambrose, Soph.
—Kiera Wortham, Fr.
—David Ernest

I am a server at Red Lobster, and I have been there for almost two years. I like to think I’m pretty good at my job, but if you come into the restaurant and ask for me, I’ll let you be the judge of that. I get your drinks. I take your order. I make your table. And, yes, I’ll even tie that bib around your neck if you get messy when eating a lobster. Now from this horrifically inadequate synopsis of my duties, this might lead you to believe that my job is easy, and I am not worth more than a tip. Think again.

If you have never served tables before, you might suffer from what I like to call “service twilight zone syndrome.” When you sit down to eat, you’re aware that you are in a reality believing that you are the only person your waiter or server is responsible for the timely delivery of your meal. They are certainly expected to have expectations of them, they should be reasonable. Look around, and you’ll see the other tables who expect the same service of your server as you do. Remember, too, that if your server goes through a list of things that you might want, don’t be rude and cut them off, just say, “no, thanks.” Lastly, remember that your server is only one person in a long line of individuals who is responsible for the timely delivery of your meal. They should do their best to please you, and if they do, tip them accordingly.

Contact David Ernest at davidernest@liberty.edu.

SpeakUp: When going out to eat, how much do you leave your server?

“Twenty-five percent unless the service was horrible.”
—Artea Ambrose, Soph.
“Twenty percent unless the service was horrible.”
—Kiera Wortham, Fr.
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It's called the "rich-kids loophole" and many students who live within wealthy zip codes are being diagnosed with questionable learning disabilities. With the cut throat competition, it's not unusual to see people trying to secure extra time to obtain a better SAT score with the excuse of a learning disability such as ADD and ADHD. Does money equal privilege even when it comes to mental abilities?

Three hundred students will take the SAT this year. For a test that is given three hours and forty-five minutes to take, 30,000 students will receive special accommodations, including extra time. The College Board, which regulates the test, allows up to twice the allowed time for those with specific learning disabilities. Educators and guidance counselors are now admitting that privileged students who come from wealthy homes are finding a way to beat the system.

An estimated two percent of students are diagnosed with learning disabilities, but at the wealthy Elite school Wayward High outside of Boston, more than 12 percent of students receive special accommodations for test taking. At the Argosian Academy in Nearby Greenburg, a Wayward guidance counselor stated, "There are a lot of blind kids out there, there are a lot of psychologists who diagnosis shopping" was a growing industry in which parents were paying psychologists who could provide documentation to those seeking a learning disability diagnosis.

In 2003, the College Board decided to drop the "flag" that now takes with extra time. This decision has created the attractiveness to use that time increase due to the test that colleges would never allow if that test was taken under accommodations. Rich kids who can pay for the diagnosis and gain the extra time have nothing to worry about when it comes to the Ivy League school looking over the test score because it's not evident they have a learning disability.

Jay Brady, a SAT tutor in a wealthy Chicago suburb commented, "Parents have asked me on numerous occasions if I know doctors who specialize in this. I know if you have a lot of money, there are doctors who are willing to perform this service, and there's really no incentive for doctors not to do it, so I think it's pretty easy for anyone to find." A single Google Local or Yahoo.com search brought up over five doctors in our area, and a quick call could locate one that would be willing to diagnose a learning disability.

A Web site owned by clinical psychologist Steve Mouton advertises services such as learning disability assessment. Mouton's office in Pasadena, Calif, charges more than $100 for a diagnosis. That quickly adds up when you consider that Mouton diagnoses a learning disability in 90 percent of his patients. The rich and famous of Los Angeles are pretty much guaranteed what they want. Mouton also has a special "fly-in" service to the local airport for those who want to see and secure a quick and easy diagnosis. Although Mouton justifies all of the cases of his patients, the California State Auditor School Board reported in 2000 that, "the basis for the identification of students with a learning disability is not supported by enough evidence." Within the past six years, this number has grown as more and more students are seeking accommodations to secure admission into their top Ivy League school.

Education lawyer Miriam Freedman stated on educationnext.org, "Accommodations are supposed to level the playing field, they are not supposed to change the game. This one changes the game at the high range." In today's wealthy America, parents are more concerned with their appearance and status that they trade honesty for a better SAT score. If students are able to get a diagnosis and more time on their test, what else will they be able to deceive and disguise their way through? What are we teaching the younger generation? If high school students are being rewarded for cheating, what will stop them when finding ways to cheat other government systems? It's time for the College Board to devise a new plan for checking the truth in learning disabilities in students taking the SAT. There needs to be a diagnosis from those certified by the College Board who are able to honestly tell if a learning disability exist. If our education system allows disabilities it opens the door to new and judicial systems in America will be facing corruption and deception when such students graduate from Ivy League schools and become the leaders of America.

Contact Kristie Rutzel at klrutzel@liberty.edu
As we celebrate Easter this year, the Champion would like to show you the sites of Jesus’ last days. From the gates of Palm Sunday, to the tomb, Nazareth and the Sea of Galilee, retrace the steps that Jesus took during his ministry, and the events of the crucifixion and resurrection.

**THE UPPER ROOM** — And as they were eating, Jesus took the bread, blessed it, and broke it, and gave it to the disciples and said: take, eat; this is My body. Matthew 26:26

**GETHSEMANI** — And another is the cup passed away from me unless I drink it. Your will be done. Matthew 26:42

**EASTERN GATE** — The next day a great multitude that had come to the feast, when they heard that Jesus was coming to Jerusalem, took palm branches and went out to meet Him. John 12:12-13

**CAIAPHAS STEPS** — And those who had laid hold of Jesus led Him away to Caiaphas the high priest where the scribes and the elders were assembled. Matthew 26:57

**VIA DOLOROSA** (Top and Left) — Then when they had mocked him, they took the robe off him, put his own clothes on him, and led him away to be crucified. Matthew 27:31

**THE TOMB** — And go quickly and tell His disciples that He is going before you into Galilee; There you will see Him. Behold I have told you. Matthew 28:7

**CALVARY** — And when they had come to a place called Golgotha, that is to say place of the skull... Matthew 27:33

**PAINBIRDS (Top and Left)**: They who had laid hold of Jesus led Him away to Caiaphas the high priest where the scribes and the elders were assembled. Matthew 26:57

**THE GREAT CALVARY** — And as they were eating, Jesus took the bread, blessed it, and broke it, and gave it to the disciples and said: take, eat; this is My body. Matthew 26:26

**IN THE STEPS OF CHRIST**
Jordan returns from Japan

By David Thompson

On Sunday, April 12, runners lined up to take their starting positions for the junior men’s 11-km race, the international title match of the Japan Open Road Race Championships, in Tokyo, Japan. Among those were Jordan McDougal, a freshman from Liberty University. McDougal’s brother Josh is well known for his exploits in the cross-country world, but lately his younger brother has been making a name for himself and building quite a reputation. McDougal secured his place at the international competition by winning his first sectional championship at nationals, then finishing sixth at the international title match of the summer, earning for Jordan, who is the younger McDougal, the opportunity to compete in the international title match of the Japan Open Road Race Championships, in Tokyo, Japan. Among those honored were basketball’s Allyson Fasnacht and soccer’s Tanya Payne.

Softball has ups and downs

By Amy Field

The Liberty softball team had a rough week that saw two shutouts, their home win streak broken, and a big fourth series against Winthrop postponed due to a tornado warning. However, every cloud has a silver lining so to speak, and the Lady Flames’ bats ignited in the second game, loading the bases in the top of the seventh inning. After 25 minutes, a tornado warning was issued and the game was called, giving the Lady Flames nine game home winning streak. On Monday, the Lady Flames hosted the James Madison University Softball field. This would be the second and third time these two schools faced each other, as Liberty had already defeated the James Madison 6-1 earlier this season at the Bethune-Cookman Classic. In the first game, the Lady Flames heated up the board, jumping out to a 3-0 lead. Bethune-Cookman scored one run in the bottom of the fifth inning, but the Lady Flames scored two runs before a rain delay in the seventh inning. After 25 minutes, a tornado warning was issued and the game was called, giving the Lady Flames nine game home winning streak. On Monday, the University of Virginia Cavaliers charged down Highway 29 to take on Liberty in another doubleheader giving Liberty a 5-0 lead. Virginia attempted to rally in the top of the seventh as Lavita Laking hit a solo home run to score the first. One more run would follow before the Lady Flames were able to retire the Cavaliers for a 5-0 win. Virginia comes out strong in the second game, leaving the bases with no outs. However, a pop fly followed by a play at home and then a play at first would send the Cavaliers to the dugout without a run.

National Student-Athlete Day

By Amy Field

On April 5, Wednesday morning, a ceremony was held during Liberty University’s Convocation to honor students who excel as athletes and in their academics. The service was organized by the student board of Liberty’s Student Athlete Advisory Committee (SAAC), in connection with National Student-Athlete Day (NSAD), which serves to raise awareness about student-athletes and their accomplishments in the classroom and community, has existed since 1987 and is traditionally celebrated on April 5. Since its founding, participation in the National Student-Athlete Day service was held during Liberty’s Convocation to honor students who excel as athletes and in their academics. The service has existed since 1987 and is traditionally celebrated on April 5. Since its founding, participation in the National Student-Athlete Day service has increased the positive virtues of sport and recognition must have maintained at minimum a 3.0 GPA and be involved in the local community. Among the student-athletes honored on Wednesday were Alison Fasnacht, a guard for the Lady Flames basketball team, and Tanya Payne, a pitcher for the Lady Flames soccer team, both of whom are SAAC board members.

Men’s LAX falls to #1 Davidson

By R.J. Williams

There is an old saying, “Those who do not change history are doomed to repeat it.” Liberty University was fully aware of that when they took the field to face the Davidson Wildcats at Williams Stadium last Sunday. Davidson knocked Liberty out of the Southern Conference tournament after the Wildcats went on to defeat Appalachian State 16-11 in the championship game.

On Saturday, the first two periods it looked as if the story was going to have a different ending this time, with Mike Galant making two of the first three goals for the Flames as they staked a 2-0 lead. Liberty held the lead all the way through the first half, but once again, fate proved to be a cruel mistress as Davidson outscored Liberty 10-7 in the rest of the way and came away with a 17-9 victory. The Flames were held in part by a number of costly Lax penalties, including an illegal stick call in the 4th quarter.
Good starts student Flames Club

With an announcement at convocation last Wednesday, Bob Good, president of the Flames Club, started a student club, where students can join for $25.

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SAAC: Recognizing LU student-athletes

Presbyterian College to join Big South

The Big South Conference welcomes Presbyterian College as the newest addition to the conference this fall. According to the News and Advance, Presbyterian will join the tenth conference school and begin football in 2015 as a member of the Big South Conference. Presbyterian will be slowly phased into the BSC, and some of its athletics will begin playing full-time conference schedule games this year. For more information, see the following edition of the Liberty Champion.

-from staff reports

Softball: Lady Flames split stormy week

In the bottom of the first, Akin continued to have the hot bat as she hit a home run to give Liberty a 1-0 lead. In the top of the third, Virginia got an offensive rally going and scored nine runs for a 9-1 lead. The Cougars loaded extended to 13-1 by the fifth inning, when Moore hit a two-run homer for the Lady Flames to make it 13-3. Unfortunately for Liberty, no other runs were scored and the game ended in the bottom of the fifth due to the mercy rule.

“You did not quit, but you backed off,” said Liberty Head Coach Paul Wetsore to his team after the game. “If one person backs off, then the whole team backs off. You cannot be content to be a 9-0 team.” Wetsore was not all doom and gloom though. He was well pleased with the first game win.

“In our first game in conference play, the Lady Flames got a confidence builder.”

Saturday against Big South rival Winthrop was post- poned due to a prediction of rain for the whole day. According to Liberty Softball Information Department, the game will probably be rescheduled in May.

The Lady Flames hit the road to face in-state rivals Norfolk State and Hampton this week. Liberty will face the Norfolk State Spartans on Wednesday at 2 p.m. in a doubleheader and then travel to take on the Hampton Pirates in another doubleheader on Thursday at 2 p.m. Both schools compete in the Mid-Eastern Athletic Conference.

Contact Adam Trent at jatrent@liberty.edu.

Lacrosse: Men move to 1-5, 1-2 SELC

The game was physical throughout as both teams pounded on each other for four prize fights, with neither team gaining any traffic on the way to the final goal. Heartbreakers like this have been the story of LU’s first full season under coach Tim Mikesell. Due to four losses this year, the margin of defeat was never more than five goals (five vs. Lynchburg College, two vs. George City, one vs. Savannah College of Art and Design and four vs. Elon). However, a loss is still a loss. Liberty got two goals from William Taggart, as well as single tallies from Adam Ungaro, Ryan Allen, John Adams, Eric McHenry and Kyle McCullum. Justin Killian stopped 30 shots for LU. Karl Schmidt also had one save as Davidson goalie. Davidson falls to 2-5 overall on the year and 0-2 in SELC play. Davidson improves to 0-3 on the year and 0-1 in conference play.

Davidson did not have much time to dwell on this game as they had another game scheduled the very next day against 2005 SELC Division runner-up Appalachian State. The score for that game was not available at press time. After the makeup game with Appalachian State, LU is in action April 14 against Southern Virginia University. The game will be played at 7 p.m. at Williams Stadium.

Contact BJ Williams at bjwilliams@liberty.edu.
### LU baseball waves the brooms

**Shane Somers**

For back to back weekends the Liberty Flames baseball team has pulled out the brooms on Big South opponents. Sunday, Liberty completed a three-game weekend series sweep at Davidson Center Park against Radford, knocking out the Highlanders 6-5. The Flames have now won 5 in row against the Highlanders dating back to last season, including the Big South Tournament. Overall, Liberty has now won eight straight, while Radford continues to struggle having dropped a school record 16 consecutive games.

In Sunday’s contest the Flames would be led offensively by Patrick Gaillard. The junior went 4-5, from the plate with two RBIs, extending his hitting streak to nine games. “I wasn’t really thinking about the hitting streak,” said Gaillard. “I just wanted to get a couple of hits and get on base for the team.”

Gijalva did just that by leading of the game with his sixth double of the season, a walk down the left field line. He also had hits in the fourth, sixth, and ninth innings.

Aaron Gijalva also went 4-5 Sunday. With the Flames trailing 1-0 in the top of the third inning, Gijalva slapped a single to centerfield. Liberty added another run in the frame to extend the lead to two.

However, the Highlanders would come back. Carter Nick first led off the bottom of the sixth with a solo home run, his third of the season, to cut the Flames lead to 3-1. The Highlanders would add another run in the seventh inning to tie the game at three. Flames starter Dustin Umberger pitched well, scattering seven hits over 2.33 innings of work, striking out five Highlanders on the afternoon. However, he would earn a no-decision after giving way to reliever Tim John when Radford scored two runs in the seventh.

With the Flames trailing 1-0 in the top of the fourth inning when Gaillard drove in Phil Tanski for his second RBI of the afternoon. Gaillard did just that by leading off of the game with a single to right field driving in Phil Tanski for his second RBI of the afternoon. Gaillard went 2 1/3 innings and allowed two earned runs on four hits. Radford fourth pitcher, including starter Josh Deaver. Deaver went seven innings, giving up three earned runs while the Flames tattooed him for 13 hits.

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### LU’s Californian star

**Amy Field**

Deana Jeffs stands out on Liberty’s softball team as a leader and a star player. She has started all of Liberty’s 29 games as second baseman. She transferred from Biola University as a junior in the fall of 2005. This season, she has recorded a batting average of .454, ranking second on the team, with 11 runs scored.

Jeffs is one of the most reliable, solid defensive second baseman Liberty has ever seen, going 40 games before her first error of the year. Her record of 12 double plays leads the team, and the is 2-0 on her way to breaking Raymond Takanu’s 1996 school record of 12 double plays in a season.

“I’ve been confident in my hitting — if I get out, I don’t get too mad, just knowing there are so many more chances you get in a game,” Jeffs said.

Something that she knows she could work on are “ground balls hit directly to me. I don’t know why, but I just get a little jumpy. I don’t mind them anywhere else — just right to me. I couldn’t work on that now.”

Growing up in Rowville, Calif., just north of Sacramento, Jeffs’ parents had her involved with sports from an early age. She started playing softball at the age of six. She played many other sports, like tennis, volleyball and basketball. However, softball was Jeffs’ favorite over all in the end. She enjoys the game and perhaps much of her talent comes from her mother, who played the sport when she was younger.

“My mom played softball all growing up and then in college,” Jeffs said. “The role models and encouragement from her most greatly influ­enced Jeffs’ love for the sport.”

“My mom always told me ‘You know, if you strike out don’t worry about it. It’s probably going to happen again, so just keep playing.’” Before her decision to follow Christ, Jeffs had been looking into tennis universities, but afterwards she changed her mind.

“I became a Christian in the middle of my sophomore year in high school,” Jeffs said. “I felt that it would be better for me, a new Christian, to go to a Christian school and I loved it. I lived with my mom.”

After playing for Biola for two years, Jeffs decided to transfer to Liberty in the fall after playing for Biola in the spring.

“We played in the Women’s College World Series twice with the Flames but had to opt out of the season because of her face who meant the most to her.”

“My husband can come watch now and my parents are dying in this week so watch,” Jeffs said. Pursuing a degree in social sciences, Jeffs is looking forward to graduating and moving back to California in a few years. Her plans with softball, however, look like they will be slowing down.

“Competitively, I’ll be done. It’s fun sport, but after college, I’ll stick to slow-pitch and be done.”

Contact Amy Field at afield@liberty.edu.
Vitamins and Nutrition Center, said, "A health and nutrition." Kathleen Zelman of brings a new study like nearly every day clinic said, "It seems in our health." With the role of supplements all the controversies with vitamins as well as taking vitamin ty. "These products (fortified foods and out that eating foods that are "fortified"ing vitamins. ever, it can provide a false sense of securi­ be harmful." Mayoclinic.com points out that, "high doses of some vitamins or min­ bates existing liver problems. Sine points that, "These vitamins (taken in bulk quantities) are calcium and dangerous ingredients in multivitamins (if taken in both quantities) are caffeine and iron. The Cleveland Clinic Foundation rec­ommends carefully reading food labels to be aware of the vitamin content. If you are getting the required amount of a certain vitamin from the food you are eating, supplements of that vitamin are unnecessary. Sine warns that when searching for a good multivitamin or supplement, it is important to be cautious. "The supple­ment industry is relatively unregulated, and you can injure or even kill yourself with 'natural' products," said Sine. The important thing is to educate yourself. There are plenty of helpful sources online. Before combining supplements, people should consult their doctor, phar­macist or the company manufacturing the supplements for advice," said Olshkey. Brooks encourages making sure that you take the "recommended dose." Brooks also suggests taking liquid or gelatin capsule forms rather than the coated forms. Brooks says the coated vita­ min max do not always absorb into the body, so they don't always work. A very Cross, a clinical professor at Colum­bia's School of Public Health said that it is possible to get the necessary nutrients from food alone, but most people do not maintain a healthy diet. Supplements are a good thing, but they should not be considered a substitute for good eating habits. Cindy Moyer of the Cleveland Clinic recommended a "food-first diet." Moyer said that it is important to make sure you are getting plenty of nutri­ents from your food, and then if necessary you can supplement your diet with vitamins. Contact Krisi Kirdland at kirk@ liberty.edu.

**BRASHER: Lights, camera, action!**

Professor Neal Brasher is a fairly new face around here at Liberty. If you walk the halls of the Fine Arts department very often, you might notice a familiar face. Brasher has been a part of the theatre faculty here at Liberty since fall 2004. He teaches six classes as basic acting, foundation of both costume for the stage, classical acting and dialects. He has directed some very popular productions on the UT stage such as "Pygmalion," "The Glass Menagerie" and "Dream Me Date." He also appeared on stage and overseen the direction of the recent student produc­tion directed by Debra Fannin and Ryan Massey. Brasher has had a passion for the stage since childhood. He remem­ bers a hill as he was watching his older brother play Curly in a produc­tion of "Oklahoma!" that first sparked his love for the theatre. "I remember thinking it was about the most wonderful thing I had ever seen in my whole life!" (I remember being very darn close to it and thinking there was something very cons­oling about it...about organ­ization/pacing.) For now, a boy from rural Alabama pursuing a career in the theatre is unique. But Brasher never intended being a bit unique. His path to becoming a theater professor was not a direct one. Brasher finished high school at Samford University in Birmingham, Ala., where the coated forms. Brooks says the coated vita­min max do not always absorb into the body, so they don't always work. A very Cross, a clinical professor at Colum­bia's School of Public Health said that it is possible to get the necessary nutrients from food alone, but most people do not maintain a healthy diet. Supplements are a good thing, but they should not be considered a substitute for good eating habits. Cindy Moyer of the Cleveland Clinic recommended a "food-first diet." Moyer said that it is important to make sure you are getting plenty of nutri­ents from your food, and then if necessary you can supplement your diet with vitamins. Contact Krisi Kirdland at kirk@ liberty.edu.  

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April 11, 2006

Did you know? The custom of giving eggs at Easter time has been traced back to Egyptians, Persians, Gauls, Greeks and Romans, to whom the egg was a symbol of life.

— Angel of the Lord

By Marcelo Quarantotto

Easter is a time of year to remember the sacrifice of our Savior and his rising from the grave. Though we should remember this all the time, Easter is when we usually get to see just how special our Savior is.

However, the Easter bunny is not just a heart-warming story like Santa shows up at Christmas, the Easter bunny hops into stores (usually pretty early) and into just about everything else when it is the special time of year.

I heard several memories of the bunny. Memories that still make me shake. I remember mom taking my brother, Jamie and me to the mall to visit the Easter bunny and ride the train. The train was full, I was cool with the train. Soon, it was winding round and round in the same way, passing the same plastic buildings and cardboard trees. It was no problem.

But then, it was time to see the Easter bunny. I don't think I have a picture of myself sitting on his lap. I never offered to.

"Hi, there, little girl," he would say. I was too dumb. I knew that there was a person buried under all of that fur, but I was such a little kid. It loomed over me with two big black netted looking eyes and ears that seemed to go on for miles. It was as a beastly looking creature. Sure, everyone else thinks the kid is just doing that to people.

I made it through every minute without telling anyone about it. I tried to be cool about it. I really think about it.

The Easter story tells us that Jesus died on the cross and then was buried. He was buried for three days and then came back to life.

Easter is the story of Jesus being resurrected. This is a time to remember his sacrifice and his sacrifice for us.

Easter — the story of a must see performance

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