Regaining their edge

L-U's top varsity team qualifies for the National Debate Tournament

By Angela Nelson, assistant editor

While college basketball has their NCAA tournament, a few college debate teams prepare to host its counterpart on Mar. 26-April 2. After two years of a no-show at the National Debate Tournament (NDT), the Liberty debate team is finally returning with the highest ranking in their history.

The '04-'05 season has been a success for the team, and they are looking forward to the NDT, which is scheduled for April 4-9 in Oklahoma City. The team's top four debaters have qualified for the tournament, and they will be joined by the team as a whole. The team has been working hard all season to prepare for the event, and they are excited to be back on the national stage.

The team will be represented by four debaters: Travis Ausland, John Ross, Jeff Allen, and Angela Nelson. They will be joined by the rest of the team, who will serve as alternates. The team has been working hard all season to prepare for the event, and they are excited to be back on the national stage.

Safety tips during DeMoss construction

1. Observe all barriers; even if they have been knocked down, do not mean that it is okay to enter. Use nearest door to evacuate the area. Parks said.

2. Use precautions at all hours.

3. Use nearest door to evacuate.

4. Stand at a safe distance from alarms.

5. Respond immediately to fire alarms.

6. Observe all barriers—even if they have been knocked down.

Debate participates in Lynchburg's Death Penalty Awareness Week

By Stephanie Jarman, reporter

A series of events are going on as an opportunity for people to be educated about the meaning of Virginia's death penalty. Four of the seven college teams participated in the Lynchburg Death Penalty Awareness Week Feb. 17-25.

Liberty held a public debate at the Schilling Center on Feb. 20. Undergraduate and graduate Law students who participated in the series of events addressed the debate.

The series of events was created to help people understand the meaning of Virginia's death penalty. It included a debate at the Schilling Center, a panel discussion, and a student-led discussion. The events were well-attended, and many people participated in the discussions.

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Students should heed fire alarms in DeMoss.

Delanle Rowlette served as host of "The Home Front." It focused on ordinary people. This seminar said that while much scholarship and the main topic. Hall's Introduction of the speaker, Professor Rowlette gave a reading of Sweet Briar College, read several excerpts from Chesnut's "Incidents in the War," and presented a fully operative replica of an 1848 .31 piece, Professor Rowlette read by Delanle Rowlette, gave a depiction of field operations, is responsible for their concert, the audience joined in singing "Dixie." When the audience had joined in singing "Dixie," the music of this period because of its mother's womb. Snavely said that the baby being perfectly contoured to the prince.

The next illustration was of a baby being perfectly contoured to its mother's womb. Snavely said that the baby being perfectly contoured to the prince.

Snavely compared it to a mirror. "Shall Falwell and Patricia Campbell be a harbor of safety, an safe distance until the LUPD releases them to return to the building. They also noted that just because the alarm is almost always right, it is difficult to evacuate the building in the event of a fire or any other hazard."

"Fire drills allow students to react to the alarm. They must react immediately to the alarm and exit the entire building, not just the room," Caswell said.

"The alarm is not a drill. There is no need to react during construction," each alarm must be considered a drill. "It is the only way to evacuate the building in the event of a fire or any other hazard."

"It is important for students to be ready at all times to evacuate the building," Caswell said. "If students do not evacuate properly, they risk being pulled from the building."

Caswell is asking that individuals observe these standards and remain at a safe distance until the LUTF releases them to return to the building. He also noted that just because the alarm is almost always right, it is difficult to evacuate the building in case of fire or other hazards.

"The evacuation is intended for use during all alarms or evacuations. Students, faculty, and staff are also being asked to keep their eyes open for something that they believe has potential danger. If anyone sees a fire alarm or other hazards, they are asked to call the public safety office at ext. 7552 or Caswell at ext. 2639."

Safety: Students should heed fire alarms in DeMoss. Continued from page 1

the construction, students and faculty are encouraged to be aware of the alarms and what they should do when they hear the alarm.

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The Junior and Senior classes of Liberty University invite you to attend What Dreams May Come Junior/Senior Banquet 2001 Saturday, April 6, 2001 at six o'clock in the evening, at the Omni Charlottesville Hotel.

Tickets may be purchased for $37.00 Opening March 5, 2001 at the SFA satellite office across from the bookstore

Sponsored by your SFA in coordination with Student Affairs

For more information, call 293-2000 or ext. 2639.
American Debate Association
JV and novice, as they will gain more confidence,” Travis and I were of course a little nervous,....MARCH 6, 2001
Continued from page 1
also debate at the ADA tournament. We....The ADA will be held at Liberty University in Lynchburg, Virginia. Travis and I,...Continued from page 1
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SunCom’s ECONOMY 181.

Junior Hahnen dies during surgery
Amanda Elizabeth Hahnen, a 20-year-old LU senior, died in a 14-hour surgery...I grieve over the loss of my daughter, so sweet and...Amanda and I had talked about what might happen, and she was perfectly at peace, whatever the outcome. She gave me over the loss of my daughter, so sweet and...Amanda is survived by her parents, her brother, Joshua, and her aunts, uncles, and cousins.

SGA passes 4 bills
By Jordan Williams, reporter
SGA President, Ben Stan-...the final bill was passed with only one person dissenting.

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The Liberty Champion, Page 3

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Penalty: Debaters address issue

Continued from page 1

to the Sept. 15. The affirmative argued that killing someone who they consider it her ministry and a calling. God says as a grocery store clerk, having check. She worked at this church all along. Shade's parents taught her to respect authority and be one who helps those in need. They taught her to seek to find God about these women. She received a B.S. in elementary education, working as a substitute teacher in a high school and walking through college, where she gained a master's degree in science. She has been active in the church for 10 years in the public school system. She now holds the same position in the Virginian who spoke briefly about them.

The mission's goal was to help the poor and pay for her own and possibly other students' college tuition. She has been married to her husband for 30 years and has four daughters. Her dad was a construction worker and her mom was a hospital receptionist and a teacher's aide to middle school students. She has been married to her husband for 30 years and has four daughters. Her dad was a construction worker and her mom was a hospital receptionist and a teacher's aide to middle school students.

During the debate, the affirmative went on to say that good students have bad times and that they have made decisions that are more important to them. The affirmative introduced a new role for a role of women. They are given the opportunity to serve in a ministry context and are given the chance to sit and talk with a woman. The response cards listed some women who were important to them. The affirmative introduced a new role for a role of women. They are given the opportunity to serve in a ministry context and are given the chance to sit and talk with a woman.

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Students finding the power in prayer

By Robynne Dobie, reporter

With extra emphasis on the importance of prayer this semester, many Liberty students have decided to become a part of a group of people committed to prayer. From all day, everyday campus-wide prayer to prayer break dorm prayer break, students are seeking God in new ways.

The campus pastor’s office is sponsoring the all-day prayer. This activity allows for prayer to occur 24 hours a day on campus. Each dorm is assigned one or two days this semester to pray.

“We used to go out to work in town and in our duties, there has been a group of people who make prayer priority,” Campus Pastor Darrel Collins said.

The response from students has been good. “A lot of students are surprised by how well it is going,” Jonathan Johns, a first semester graduate student and associate to Collins, said. He said they have not had much difficulty getting volunteers to pray during each time slot.

“I have often heard that apart from the Lord you can do nothing,” Collins said. He believes that some of the response to conviction, including more than 100 students in minutes, is a result of the prayers that have been presented.

The goal of Liberty is to have each student pray for each other. This is locally accomplished in the 501-9 group for SDLs, SDLs praying for proper leaders, and proper leaders praying for those in their group-fellow. Many classes have begun to organize specific prayer times. The SDLs and a few other dorms from Dorm 18-3 have been faithful to rise and pray at 6:30 every Monday through Friday morning since the beginning of the school year.

“Lots of prayers have been answered and we’re developing relationships with the guys,” said Joseph Williams. He said they could make a big list of the prayers God has answered, ranging from breaking of cancer to job openings.

Some of the leadership members in Dorm 18-3 pray for all the women on their hall every Thursday morning at 6:30. “We want to see spiritual growth in our girls. We have to be an example and pray the way we pray,” said SDL Paula Griffin.

These are just a few examples of ways students at Liberty are deciding to make prayer priority in their lives and expecting God to use their prayers. There are likely many more examples of this dedication to prayer throughout the campus but are known only to a select, quiet place.

Youth alumni awards given

To Brian Hall, new owner

The Founder’s Award and Alumni of the Year Award was given out to two men.

Terry Philpott, youth ministry professor, presented the Alumni of the Year Award to Aaron T. Cox, who will graduate in May with a B.S. in business management. He then obtained his M.A. in Counseling and has been a middle school youth pastor at Hyland Heights Baptist Church. His future plans are to obtain his Masters degree in counseling and become a pastor and family counselor.

Cher Griff made the decision on who the groom-elect will be in shape by Spring Break. We all make those promises in convocation, including more than 100 students in minutes, is a result of the prayers that have been presented.

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Champion

Branding Our Horizons

Last week's Wednesday convocation in the Vines Center was a special chapel service. With sunshine streaming into the auditorium, the student body of Liberty University was brought together each week and passed by many members of the faculty and staff who ritualistically assembled in the atrium for the service. A special musical group was a perfect complement to the worshipful atmosphere of the event. Midweek services are usually held in the morning and afternoon on most weekdays, and the schedule is publicized through the university's email system.

The towering figures of convocation are a necessary element of the university's culture. Without them, the campus would lack a sense of community and would be more like a collection of isolated buildings. The regular set up of convocation, which includes a prayer, a scripture reading, and a message from the president, is a powerful way to bring the student body together and to focus on the spiritual and academic goals of the university.

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Tearing the roof off DeMoss

DeMoss Hall is one of the most iconic buildings on campus, and its architecture is a symbol of the university's history and tradition. However, the combination of recent renovations and the ongoing construction project has caused some frustration among students. While the work is necessary to modernize the building and improve its facilities, the noise and disruption can be challenging for those who need to study or work in the area.

As a student body, we should be proud of our university and its commitment to providing a world-class facility. We should also be mindful of the impact that the construction project has on the campus community and work together to find solutions that minimize the disruption.

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Leaving no room for the imagination

"I’m going to close the door on you and do a lot of deep thinking, but the blood-thirsty republicans in Washington are going to give me the money I need to solve the problem. The American people will not understand the situation except for those who are in the know. If you're one of the few who are in the know, you can write to me and ask me to answer your questions.

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From the plains of Kenya to the streets of New York: Students at 'L minister globally

By Dana Galbraith, Carolyn Baas & Lindsay Bryan

With March well on its way, some Liberty students are turning to get away on spring break — without the presence of golden beaches and fun-filled days dancing in their hair. Some Liberty students, however, are counting down the days until they will travel abroad in order to serve. From the plains of Kenya to the streets of New York City, to Argentina this spring break along with other students will experience what God can do with humbled hearts as they enter the lives of those hurting and lost.

"We're going to Kenya," senior Chris Steffen said to her on Virginia this spring break along with her 15 other excited students. The trip is being led by Dr. David Towles. The team performed dramas for Kenyan orphans. "He's been this one very excited chic about the trip ever since we started planning," said sophomore Kimberly Foshee. "My grandma displays these words above the fireplace, of my hair and into my face, when the winds blew too strong, when the rains fell in buckets, when I had to take cover. May the road rise up to meet you, the winds be always at your back, and a gracious face see you on your way. May God lead you to the path of peace."

The Kenya team has been busy getting everything ready for their trip overseas. "We meet as a group every Wednesday," Barr said. "We spend time praying that the team will be prepared for the trip."

According to the team's website — liberty.edu/mission — the team will participate in evangelism, missions trips, music and drama teams, as well as various service projects. The team will be ministering through nursing, music and drama teams, as well as various service projects.

WHERE'S WALDO? — Liberty Bible Institute student, Patrick Andrews traveled to Kenya on March 8 and return on March 11, to visit with children and teachers in Kenya. "This will be my first time out of the country," freshman Dustin Barr said. "It's something I've been dying to do for a while now."

Along with Sheppard, senior Daniel Davis will be ministering in Argentina. "This will be my first time out of the country," freshman Dustin Barr said. "It's something I've been dying to do for a while now."

"I went to Kenya last year and I'm excited to go again," senior Lina Remigio, a junior in Liberty's nursing program, said. "I want to be able to help people and minister to them."

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"Three Pianos and a Premiere" concert featuring a Mozart concerto for three pianos at E.C. Glass Auditorium. 3 p.m. (804) 845-6004.

"24/25 Spring Ballet" The Lynchburg Regional Ballet Theatre performs at the Lynchburg Fine Arts Center. Evening shows 8 p.m. Matinee 2 p.m. (804) 845-2600.

"A Midsummer Night's Dream" Lynchburg College presents Shakespeare's "A Midsummer Night's Dream." 8 p.m. Thursday, 2 p.m. and 8 p.m. Friday, 2 p.m. Sunday. (804) 544-8380.

Ireland — The land of green, green fields, mountains and pastures. It was always a dream of mine to one day travel to the Emerald Isle. As a sort of pre-cursor to my visit to Ireland, I will be attending New York’s St. Patrick’s Day parade this spring back for the first time. I will prepare for my trip by reading "How shall I put this — of all the friendly, talkative people I will meet on my travels."

"I'm very excited to see my roots. I feel a sort of allegiance to a country that still values the beauty of a dream."

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Taking a new view of time management

By Nate McDonald and Kimberly McCurley

As the semester approaches its end, students are faced with the daunting task of completing assignments and studying for exams. With the stress of coursework and extracurricular activities, time management becomes crucial for academic success.

Many students struggle with managing their time effectively. Some find it challenging to balance their classwork, part-time jobs, and personal commitments. However, with the right strategies, it is possible to improve time management and reduce stress.

Here are some tips to help you take control of your time:

1. Prioritize tasks: Make a list of tasks and categorize them based on importance and urgency. Focus on the most critical tasks first.
2. Set realistic goals: Break big tasks into smaller, manageable parts. Set achievable goals and deadlines to avoid feeling overwhelmed.
3. Use a planner: Keep a planner or digital calendar to track appointments, deadlines, and important dates. This helps you stay organized and on track.
4. Avoid procrastination: Procrastination can be a major time-waster. Set aside time each day for tasks that need immediate attention.
5. Take breaks: Regular breaks can help maintain focus and improve overall productivity. Use techniques like the Pomodoro Technique to manage your work time and breaks.
6. Eliminate distractions: Identify common distractions in your environment and create a workspace free from those distractions.
7. Be flexible: Unexpected events can occur, so it's important to be flexible with your schedule. Be prepared to adjust your plans as needed.

By Laura Kanzler and Brian Kite

As the winter months wear on, students may feel the need for a break from the daily routine. Taking time to recharge can help improve focus and productivity.

There are many ways to take a break, ranging from simple mental breaks to more extended vacations. Here are a few ideas to consider:

1. Mindful meditation: Spend a few minutes each day practicing mindfulness. This can help manage stress and improve overall well-being.
2. Physical activity: Exercise can be a great way to burn off stress and improve mental clarity. Whether it's a brisk walk, a yoga class, or a gym workout, find an activity that suits your preferences.
3. Creative pursuits: Engage in a hobby or creative outlet to escape from academic pressure. This can include painting, writing, or playing music.
4. Social connection: Spend time with friends or family. Social connections can provide support and enhance your well-being.
5. Nature retreat: Spend time in nature to connect with the environment and find peace. This can be as simple as taking a walk in a local park or a longer trip to a national park.

Remember, taking breaks is essential for maintaining your mental and physical health. Make time for yourself and enjoy the benefits of a well-deserved break.

SCHOOL OVERLOAD — As the semester draws to a close, students experience increased stress and the need for time management becomes a critical issue. This news article explores the importance of managing time effectively and offers strategies to help students succeed during this challenging period.

Liberty University's time management services help students navigate the demands of college life. Whether you need help organizing your schedule or managing your workload, these resources are available to support your academic journey.

In summary, effective time management is key to academic success. By implementing these strategies, you can reduce stress, improve productivity, and enjoy a more balanced college experience.
USA upsets Mexico in qualifier

By John Farn, sports editor

On Thursday night the Flames upset UNC Asheville to put six and lead them to their three-year ACC tournament winning streak.

The sixth seeded Flames, who had lost to the Terps in the two previous tournaments and now the season, took control early and survived several building runs to hold on for the 60-40 victory.

"This is one of the most exciting games you can have," Flames head coach Mel Hankinson said.

Playing with just eight players, the Flames got into trouble early, as both Brookside, Jean Lum and Chris Caldwell picked up two fouls in just ten minutes into the game. The Flames received another timeout from David Wilson, who injured his knee in the previous game.

"David Watson played a major role in this game in the backcourt and defense," Hankinson said.

With Anderson and Caldwell out and the score tied at 12, the Flames began to pull together and put down the Flames, 14-12. With five minutes to go in the half the Flames knocked down a three with the shot clock winding down. Minutes later the Flames took the biggest lead of the half, 25-15, on Jahlil Alatemy's fast break layup. However, Asheville's Andre Smith was able to drain a three to cut the lead to 25-22.

At halftime the Flames were up 30-22.

The first part of the second half remained close, 30-29, but the Flames were able to shut down the Flames, 30-26. The Bulldogs were still able to drain a three to cut the lead to 36-28, but Asheville held the lead until the end.

"It's huge," Asheville's Andre Smith said. "We knew we had to come out strong defensively and that's what we did.

The Flames went on a 6-0 run to start the second half and were able to hold the lead.

The Flames finished the game with seven minutes to play. Wallace knocked down a three from the baseline, 1-8 from Brett Carey one of the top shooters in the conference. The Flames won the game 60-40.

Wholly Holy

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Hockey ends season

By Davis Osborne, reporter

The Flames hockey team stopped their losing streak, and were able to get back on track with a 5-2 win against arch-rivals Mexico in Columbus, Ohio. The win was set for the American hopefuls. A chanting crowd of 24,624 filled the 29-degree chilled arena with positive energy.

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The first half was not kind to the Americans. They failed to score against Mexico and two of the team's stars suffered injuries.

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The Americans attempted to run down the clock in the last two minutes. Wolff, of the Major League Soccer, fired a powerful shot from the top of the box.

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Liberty softball picks up win in Hampton, finishes 1-3

By Doug Stewart, reporter

The Liberty University Softball team began its quest for the Big South Championship this spring season, the major question that confronted the team was offense. The Lady Flames have shown that they have the potential to generate runs, but have come up short of making that potential reality.

Determined by an eight-game losing streak, the Lady Flames needed to get back on the right track competing in the Hampton Classic in Hampton Va. On day one, the Flames came out picking up a 6-0 victory against the Stags.

“Again, the Flames staked their starting pitcher, Anthony Pennix, in an early lead. After Pennix cruised through the top of first inning, Liberty’s Pennix allowed shortstop that featured a three-strikeout of the five batters he faced. Brey pitched the seventh and final inning, of the double header shortened second game.”

Coach Pastors complemented Pennix efforts this week and said, “Anthony kept in both games this week. He kept the ball down and did a good job hunting down the leadoff hitter.”

Pennix, Nat Ogborne, escaped the game in the eighth inning, with runners on first and second and nobody out. Ogborne put the fire out by getting a pop up to Kressen and a 2-3 double play to end the inning. Ogborne also pitched a scoreless ninth to finish the game for the Flames.

“We’ve done a nice job manufacturing runs… -Liberty’s Head Baseball Coach Dave Pastors”

“SAFE”— A Liberty Flame slides back to first in the Flames loss to the University of Virginia on March 1. The Flames finished the three-game series between Liberty and Fairfield, which was played Thursday, Friday and Saturday.

To be played Sunday, was washed out. Liberty’s Hampton Classic, In Hampton Va. Liberty will then travel to play the University of South Florida/Clearwater in the top of the 6th inning. Liberty squared up against the Flames up against the St. Peter’s College Lady Peacocks.

The Flames broke their losing streak this weekend.

“We have done a nice job manufacturing runs… -Liberty’s Head Baseball Coach Dave Pastors”

“The third game of the scheduled three-game series between Liberty and Fairfield, which was to be played Friday, was washed out. Liberty’s record stands at 7-4 heading into next week’s games. The Flames are scheduled to play two home games against Virginia Commonwealth on Tuesday March 6, at 2:30 p.m. and UNC Greensboro on Wednesday March 7, at 2:30 p.m. The Flames will then go on the road and face Jacksonville and Florida State.

BASEBALL: The Flames end a four-game losing streak with a win over Fairfield

Liberty was led by freshman pitcher All Thompson who recorded a complete game, one hit allowed. Thompson was one strike away from a perfect game when she gave up an infield single to break up the no hitter. The Lady Flames were able to come out of its slump in the 5th and 6th innings to take control of the contest.

Sophomore Allison Terry finished the game with two singles building 2-0 in the afternoon. Senior Lisa Jones went 1-4, while staking two bases and scoring twice for the Lady Flames.

Liberty’s starting pitcher for the first five innings. Before that, the Liberty Flames tried to get back on track while competing In the Hampton Classic, In Hampton Va. If done, the Flames ended up short of making that potential reality.

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“In its final game of the tournament, Liberty faced the tournament host Hampton. The Lady Flames once again got out of a pitching opportunity by Thompson, but the offensive did not do well out so the Lady Panthers went on to defeat 12-6.”

Thompson finished the game with another complete game, which featured 11 strikeouts and only one earned run allowed. Hampton’s Brandie Cobbs accounted for the only earned run with a single to left field. Liberty committed three errors in the contest, with two resulting in these Lady Panthers runs.

The Lady Flames finished the Hampton Classic with a 1-3 record and now a 3-15 record overall.

Liberty traveled to UNC Charlotte on Tuesday and will play its home game of the season against Longwood College on Thursday, March 8 at 2 p.m. The Flames will then travel to play the University of South Florida/Clearwater Parks and Recreation Tournament held in Clearwater, Fla., during spring break.

Liberty Softball picks up win in Hampton, finishes 1-3

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Ladies and men’s tennis lift record

Erinna Villagutis and Judy Campbell. They plowed the number three seed and won 6-0. Briefly thereafter, Lake Hudson and Juliana Harris pushed the Flames lead to one with 2:30 to play and 45 seconds to play and had a chance to win it, but Harris missed a shot to make the game closer.

With three minutes to play Wal­drof pushed the Flames lead back to one in the closing minutes to play. Knox answered with a three and the lead was two. With 45 seconds to play Waldrof had the possession, Waldrof scored the ball, but his breakaway lay-up was blocked from behind. Kuok took the ball out under the basket with 14 seconds to play and had a chance to win it, but Dillard answered with an open look from the floor. The Flames held on for their 12th straight victory, the most in school history.

Two minutes later the Flames moved into a tie with the number three seed, but the leader was up 8. The Flames lead was still five, a very good sign since the Flames were 11-2 in the season when winning with five minutes to play. "Our guys believed...they fought...they fought..." said Marshall. "Our guys proved to be the right thing that was set by Stephen Githuka. Heather Sagan ran 4:49.61 in the preliminaries of the women’s mile on Saturday finishing second in her heat and has suffered with a pulled muscle, took his opponent off with a 6-1, 6-0 victory.

Tyronne Walker scored four points against the Flames in their match with a double-dip in the first and a lightning bolt second. Marshall said, "We had to slow it down." "Great teams make runs," Cald­well added.

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LOOKING DOWN COURT — Rachel Young looks down the court to connect for another Lady Flames’ basket.

DRIVING THE LANE — Kristina Paliamaite drives up the lane and past the Elon defender in the Lady Flames’ win.

DOG PILE! — After throwing the ball up for the score, Irene Sloof falls to the floor and lands on an Elon player.

FIVE-PEAT — The Lady Flames pose for the press after defeating Elon College 52-47 in the Big South Conference Championships. The Lady Flames have won the conference title for five consecutive years.

GOIN’ FOR THREE — Michelle Fricke goes up for the big three-pointer Friday in the second round against High Point.

HOPPING FOR JOY — The Lady Flames jump for joy when the final buzzer sounded, signaling their fifth consecutive Big South championship.
JOHN FISHER

Liberty men's basketball beats UNCA but falls in second round against Winthrop at Big South Tournament.
MLB Spring training in progress

In the crush of the hot and stuffy atmosphere of the baseball field, the fans are ready for spring training. It's a time of year where the aroma of freshly cut grass fills the air and the excitement is palpable. The teams arrive, eager to begin the journey towards the official start of the season. Every player is focused on improving and preparing for the upcoming season.

However, the spring training is not just about showcasing the talent of the players. It's also a time for the fans to reconnect with their favorite teams. The atmosphere is electric, with the anticipation of what lies ahead.

The spring training games are a preview of what's to come, giving fans a glimpse into the season. It's a time for the teams to work on their strategies, evaluate young talent, and get a feel for the season.

The anticipation is building as the season approaches, and the baseball fever is raging. The teams are working hard, and the fans are ready to watch their favorite players in action. The excitement is palpable, and the atmosphere is electric.

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