The Liberty
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INSIDE

Hangar contracts new vendors

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By Chrys Remsberg, ass. editor

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Dress code changed for winter season

Female students now allowed to wear nice pants for their comfort, health and modesty reasons

By Susan Michelle, news editor

This semester, Student Development worked in collaboration with the administration and SGA to formulate the winter dress code policy. which allows female students to wear any pants and shoes. However, Student Life has also been busy negotiating some changes that may not seem so obvious.

According to Matthews, dean of women, the decision to limit students. Former SGA president Alfred Thompson worked with the administration to change the policy after listening to many female students requests for a more dress code adjustment. Matthews said.

Liberty University decided on the policy, in part, "to help the female keep warm and maintain good health." In the past female students could only wear pants if the temperature was below 36 degrees or during winter weather such as snow and ice storms. However, Matthews said the wind chill factor could make "39 degrees feel like 30 degrees."

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This dress standard adjustment will assist in modesty. Matthews said, and also prevents health issues. Matthews said the change is being made to prevent modesty issues among female students.

According to Matthews, faculty, staff and administration were notified, included the dress code at this point. This is an administrative decision deter mined by the importance of a professional environment for Liberty employees.

On our knees

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Manleys honored at academic convocation

Liberty University officially opened its 25th academic year Wednesday with the traditional academic convocation in the Vines Center. During the ceremony, the university honored the family of long time contributor Aaron Manley and two outstanding LU students.

University President Dr. John M. Borek, Jr., president presented a plaque of appreciation in honor of Manley and his family in memory of Aaron, a member of the LU Board of Trustees from 1975 until his death last March. A duplicate plaque will be placed in the A. Pierre Guillermin Library.

According to Borek, the Manley family has been a generous contributor to the university throughout its history. The family also provided a small donation of "Jabez Prayer" to the university throughout its history.

The ceremony also recognized students Craig Williams and Jared Wodard. Williams, a 1999 graduate from the nursing program is a member of the successful cross country and track and field teams. Wodard was awarded the Christenberry Award for Academic Excellence from the Big South Conference. The award, named after one of the founders of the conference, is given to the student-athlete who graduates with the highest grade point average. Williams earned a perfect 4.0.

Wodard, a junior, is a member of the varsity debate team, which has captured four straight national championships. During his career, he has won more than 100 debates at LU and kept a grade point average of 3.85 despite his hectic schedule.


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TOUCHING THE WORLD — The El Salvador missions team ministered to the local people during a LIGHT campaign this summer.

By Shawna Malcolm, reporter

LIGHT, led 19 students to El Salvador May 10-26. For eight weeks, students ministered in parks, churches, and to share that with the community. "All they know (Christians in El Salvador) is that we very specifically saw their need," Nylander said. "coming into the public schools and seeing thousands of teenagers becoming believers through the Gospel being presented, showed the power of the Holy Spirit at work through our team," said Eddie Verstraete, LIGHT ministries coordinator. "It’s amazing how God could make 60 Americans to impact many lives.

"The people that I met with and loved, the people that we gave away, the people that we met with an open heart should expect to gain, a strengthening of the foundation of the basic core of what your life is supposed to be about. Not just the theory. But the how to," Jackson said. "Second, and so important, students need to walk away with the capability of discipling somebody else.

This conference will bring change in the lives of young adults who are working growth in their spiritual lives and who care to disciple others. This change is needed to spread the Great Commission throughout the world.

Sophomore, Jeremy Payne commented on his expectation of the event. "I think it is a great opportunity for us as students to be encouraged and real life experiences to see what we are supposed to do with our lives."
Hundreds attend LU's night of prayer

By Stephanie James, reporter

The night of prayer at the Prayer Chapel began at midnight Friday and ended eight hours later. This annual event kicked off Spiritual Emphasis Week and was a time for fellowship and revival for students.

"I feel that we are (moving forward), because we are concentrating on improving our facilities and retention of current students," said Dave Young, vice president of Finance and Administration. "We are bringing in students, and will also record a special song written specifically for the campaign. The kit includes a campaign T-shirt and instructions on how to form a Bible club. "Yes, I believe in God!" said Dwayne Carson, the campus pastor. "I believe God has a special plan for each of us, and that this is an opportunity for him to reveal that to us." Carson seemed to be in his element, engaging the students in singing, Bible reading and prayer. Carson said he was impressed with the fact that some dorms stayed for two hours. Dow Cramer, a junior said that she did the night of prayer all night, one year. She described it as a wonderful experience in fellowship in prayer and to sit in an assembly in Christ along with the unconverted. "I believe God has a special plan for each of us, and that this is an opportunity for him to reveal that to us." Carson said of the event. "I believe God will answer," said Carson, referring to 2 Chron. 7:14. "If my people, who are called by my name, who humble themselves and pray, and seek my face and turn from their wicked ways, then will I hear from heaven, and will forgive their sins and will hear their prayer."
So close to the action you can smell the sweat.

Drop us a line. Write a letter to the editor and drop it by
Champion News. Office hours are 9 am to 5 pm.
New employees join LU for 1999-2000 school year

At the start of the new year, Liberty would like to take the time to welcome all of the new faculty and staff to the University family.

"We have added faculty in every school with the exception of business and government," said Dr. Boyd Rist, vice president for academic affairs.

**Communications**
- Dr. Karen Prior-English
- Dr. Yaw Adu-Gyamfl-English
- Jay DeLancy-Coms. Studies
- Sandra Oughton-Coms. Studies

**Seminary**
- Dr. Dan Mitchell-Assoc. Dean for Residential Studies
- Dr. Jack Deans-EDP
- Dr. Charles Hughes-EDP

**Arts and Sciences**
- Melane Williams-Health Sci.
- Beth Cory-Mathematics

**School of Educa tion**
- Dr. Michael Sandlin-Sports Sci.
- Dr. Rebecca Carwile-Teach Ed.
- Larry Hubbard-Sports Sci.
- David Anderson-Physical Education

**School of Religion**
- Dr. Myron Penner-Philosophy
- Guillermin Library

**Nursing**
- Emily Reaves

**Athletics**
- Jerome Scott Athletic Director
- Jared Everett-Ant. Football Coach
- Joey-Jacobs-Ant. Football Coach
- Justin White-Ant. Football Coach
- Chris Vandy-Ant. Football Coach
- Autumn Sine-Women's Ant. Basketball Coach
- John Peters-Ant. Volleyball Coach
- Larry Hubbard-Moor's Tennis Coach

Falwell goes to the races

Dr. Jerry Falwell accompanied Thomas Road Baptist Church members and their families to the Winston Racing Series Energy Efficient Housing 250 at the South Boston Speedway in late May. Falwell opened the races with an invocation and Liberty alumnus Jeff Worley followed with the National Anthem. The number 88 Jeff Worley racing team impressed the spectators with its eighth place finish in the 50 lap race.

Have any bright ideas for the Champion? Weird hobbies, great adventures, club ideas... Call the Champion at x.2124.
Frugal fitness not impossible while in college

By Michelle Kennedy, reporter

With the various expenses that a new semester entails, the last thing most students can spend money on is a gym membership. So how do you remain physically fit without spending a lot of money?

Dorsey Bums, CBS News Sunday Morning health and fitness reporter, said one of the most inexpensive ways to remain in top form is to incorporate strength training into your workout. Most students will run or walk to lose weight, but there must be some kind of muscle building involved in their routine to ensure permanent results.

"Strength training can rev up your metabolism and help turn your body into a more lean, fat-burning machine," says Bums. She also stated that "every pound of muscle on your body burns about 50 calories a day." So splurge purchasing a set of 10-pound dumbbells will not cost about $10 to most sporting goods stores. They will tone both upper and lower body and are easy to store in already crowded dorm rooms.

Strength training is important and the more you can do while you are in college the better. The bus for Baltimore Orioles baseball game and the Virginia Commonwealth University, in conjunction with the National Council on Alcohol and Drug Dependence, the Higher Education Center for Alcohol and Other Drug Prevention and the American Social Health Association gives suggestions for staying healthy in college. Some pointers include:

- Eat healthy snacks, such as fruits or vegetables.
- Wash your hands. 
- Avoid eating whenever you may be cigar- making and sharing the same room.
- Get a good night's sleep.

The benefits of seniorhood

I love being a senior.

No, not because it's something of an adventure into adolescent literature.

But not this semester. This semester consists of "taking electives" as myself to another semester of sterile requirements that living in dorm rooms.

The beauty of electives is you can experi­ence the childhood books say, "choose your own adventure." It will be more enjoyable and time will go by much faster.

If you're interested in travel, choose a foreign language course. 

If you're a music lover, take an electives class.

Just about every Liberal student has ordered to ridiculous late-night cheese and meat laden pizza or made the trek to the Texas Inn for a great Chili- Cheese Brunch. 

The Virginia Commonwealth University, in conjunction with the National Council on Alcohol and Drug Dependence, the Higher Education Center for Alcohol and Other Drug Prevention and the American Social Health Association gives suggestions for staying healthy in college. Some pointers include:

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Present your student I.D. and receive 10% Off your ENTIRE check! (This offer not valid with any other discounts.)

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Double Scoop Ice Cream Cone!

May thru Thurs 9-11 p.m. Present this coupon and receive one FREE Double Scoop Ice Cream Cone for each regular entree and drink purchased!

**FREE DRINKS!**

Thirsty Thursday!

All day Thursday! Present this coupon and receive one FREE Drink for each regular entree purchased!

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**FREE SUNDAE!**

Sundae Night Blast!

All day Sunday! Present this coupon and receive one FREE Sundae for each regular entree and drink purchased!

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Friday & Saturday Night
9 p.m. - Midnight! Present this coupon and receive 20% Off your ENTIRE check!

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Get the fireworks ready; and they look to be up to the challenge.

Virginia Union 21-12. The Flames hope to turn around last season’s 5-6 mark, here come the Flames!

Flames took the field last Saturday to kick, off their campaign, defeating Vir­

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Sign Up Dates
Basketball, Outdoor Soccer & Softball Tournament. September 6-8
Beach Volleyball Tournament September 8-10
Coed Volleyball September 13-15
Floor Hockey Tournament November 1-3

Manager’s Meetings
Softball Tournament September 13
Basketball, Beach Volleyball, & Outdoor Soccer September 14
Coed Volleyball September 21
Floor Hockey Tournament November 9

Start Up Dates
Flag Football & Tennis September 13
Softball Tournament. September 15-18
Beach Volleyball Tournament September 17-18
Outdoor Soccer September 20
Coed Volleyball September 27
Floor Hockey Tournament November 12-13

It’s a PARADE!! on October 2
Look for details in next week’s issue.
Continued from page 12.

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Nobles rushes to the top

Many Liberty football players have stood tall for the bright lights of Williams Stadium. Some have been the stars on the field. But many unsung work heroes have been integral to the success of the Flames. This past season, second-year starter Stacy Nobles has been among those unsung heroes.

Lawrence Worthington handed Stacy the ball to begin his freshman career, and it was during that first game that Nobles made his mark. He rushed for 120 yards and two touchdowns in a victory over Old Field.

But Nobles' success didn't stop there. He earned three-time All-State honors during the 1996 season and was named the Georgia high school career rushing leader with 9,402 yards. Nobles also ranks second all-time in the state with 105 touchdowns.

With the ball in his hands, Nobles is known for his strong Christian faith. "I have never met Herschel Walker, but I've heard he's a strong Christian," Nobles said after a recent game. "I also look at my high school teammates. He wants people to understand he truly is a noble man, a servant of the Lord."

This year Nobles and the Flames are determined to work for God first and let the season go from there. "If you aren't committed, you won't amount to anything in life," Nobles said. "I also look at my high school teammates. They tell me, 'Nobles, you won't amount to anything in life if you aren't committed.'"

Through his faith, Nobles has been able to stay focused on the field and off the field. "He told me 'it's your turn now, carry it with pride and never let anyone take it from you,'" Nobles said.

Nobles has always been positive on the field, whether he is scoring a touchdown or已被 a defensive tackle. "I have never met Herschel Walker, but I've heard he's a strong Christian," Nobles said.

This team is different because we know our roles and we're committed to each other," said Newsome. "We have got to be able to come on off with a good pass to start our offense. We need to work hard on getting our first pass down."

Watch for our coupon issue on September 21

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*No minimum.
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Large (16-50) $1.00
$1.00 charge per symbol
$1.00 charge per symbol
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