**Former LU student keeps the music alive**

By Marcelo Quarantotto

"It's a strange existence that I have, but I love it," said Alumna Jane Mark. Painter about his current life as an artistic Renaissance man residing in Nashville. Once a music major here at LU, Painter has his hands in many different projects and recently composed all of the music for "Hoodwinked," a variation this year's theme of the annual Liberty University student Life pro-life rally in Washington, D.C.

"Hoodwinked" is a musical with the intention of "uncovering abortion ug and in an non-violent manner that tells the story of right to life reates in each human at fertilization," according to Painter. They musical appealed approximately 126 million general audience and their mothers. Freshman Ryan Samtil, who participated in the march, knows people who have been affected by abortion. He feels there is a need to "stand up against it before it gets worse." The March for Life organization believes that Americans must demand an to this intentional killing of humans.

Last year, the March for Life Fund released a count of 100,000 participants. More marchers crowded on side streets along Constitution Avenue and were not counted. Many felt abortion is not wrong. The March keeps the issue on the table," said Samuel. Those attending the march also had the opportunity to schedule an appointment to meet with their congresspersons and Senators to discuss the need to overturn Roe v. Wade (www.marchforlife.org). "We want to guide LU students a chance to support this belief and show our leaders that there are people out there who hold these values.

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**Keep yourself cool: Fire safety on campus**

By Joanne Tang

"When the alarm goes off, it's time to evacuate," said Major Gregory T. Berry of the Liberty University Police Department. "The majority of people respond well to fire alarm, but there are people who think it's a drill and wait for someone to say it's real." While most cases of fires on campus are caused by arson, everyday objects catching fire cause a great deal of them. Objects such as electrical outlets and appliances are the cause of many students' dorm room or use bed sheets in an attempt to save money. Most of these items are rated as being non-combustible, DeJarnette said, but are a danger. He said that the reason why most students do not buy non-combustible curtains is because they are significantly more expensive than regular curtains.

Non-combustible curtains are things that are fireproof, and not very many things fit the bill. According to www.marchforlife.org, objects such as curtains and furniture are a cause for concern. Many students purchase curtains for the dorm room or use bed sheets instead. These items are rated as being non-combustible, DeJarnette said. By 11, he was telling people that he wanted to be a producer.

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**Homiletics lab gives preachers practice**

By Jason deBruyn

The lab has many similarities to a chapel so that the students can have a better feel for how things will be in the future. There are four stained glass windows opposite each other on the sides of the room and the seats are cushioned and placed in rows to resemble a real church. There are also small rooms in the back of the room, giving the students a true feel of what it is like to preach in a chapel setting. Although all of these features are great, they are not what make this room such an excellent tool for professors to help their students become preachers.

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**Follow crime in UK**

By Tamna Mohit

Criminal Justice Professor Paul Kickei and his wife, Michelle, will take a group of students overseas to experi-ence the criminal justice system of London and Har-ting in seven days of education. The trip will last six days and will allow students to examine the cultural differences of a world rich in background. Kickei, who has spent years traveling to different countries, believes this trip will be an invaluable experience for all of the students who are interested in learning about London. Though he has traveled to London in the past, he will be visiting many of these sights for the first time with the group.

"The places we will be visiting are not aspects that the normal citizen can experi-ence," Kickei said.

The group will set off from Sunday, May 20, for an overnight flight to London. Once there, they will visit the Wormwood Scrubs Prison and the Old Bailey, as well as several other attractions.
Let's be honest, it is not easy to survive as the little guy in a big gym. It's not like I am a student doing some sort of compulsory workout, but it is in the outer locker which is being my inner Bad-Pit-in-Mrs-and-Mrs-shuh physical. No stress. I'm starting from scratch here.

When going to the gym, it is important to remember one thing: the equipment is just as afraid of you as you are of it. This is certainly not the truth, but it takes the edge off.

I found it very helpful that my new roommate took time from his busy 220-pound benchmark to tend to me. I had a friend that he works for and that at any time, I could give him a call. If I don't get my desired results (just kidding, buddy... heh heh).

My desired results (just kidding, buddy... heh heh) involve picking up really heavy things, over and over.

I want to avoid phrases like this: "Hey man, like the Nile unleashed, the singular dizziness wears off. I learned that in order to make sure that if you get really mouthy, that physical acts and just talk some smack. But make sure that if you get really mouthy, that you don't do anything stupid.

I learned that in order to make sure that if you get really mouthy, that physical acts and just talk some smack. But make sure that if you get really mouthy, that you don't do anything stupid. Personally, I wished to remain anonymous.

Dustin Jones, a student in Fink's class, loved the room because it simulated a "sleepy church environment" in which to practice before preaching in a real church.

The entire project has been in the works for more than three years and cost almost $100,000. Half of the money was donated from various individuals around the country, with the remaining half being paid for by a company based out of Richmond who wished to remain anonymous. The company, along with Dr. Elmer Towns, is set to open a hospitality and ministry center that will be used by students and anyone who would be interested in hearing a student practice. The lab is open for anyone to check out throughout the day when the lab is not being used for class.

Contact Angela Franulovich at afranulovich@liberty.edu.


donna vandermolen


The Spring House Dining & Reception Hail Weddings & Receptions Banquets - Anniversary - Rehearsal Dinners 434.993.2475 Allagash Waterview Reception Rooms Lakeside Cancan Vine Picturesque Pond 50 - 250 person capacity 10 Minutes from Lynchburg

CONTACT - The real-life characters were actually drivers allowing teachers to communicate with students.

By Angela Franulovich 

HOMILETICS: Preaching on

By Matthew Warner

A 12-room laboratory stands in Dr. Paul Fink’s homiletics class. The room offers teachers and students the ability to record their own sermons and access a variety of tools, allowing them to hear the sermons of students and evaluate them.

"The room comes equipped with PowerPoint capabilities, as well as a lighting design where you can put up a movie, make a 3-D effect, and have the students react to it," said Fink.

The room is equipped with PowerPoint capabilities, as well as a lighting design where you can put up a movie, make a 3-D effect, and have the students react to it.

This allows the students listening to the preaching. Fink can also record his comments directly onto YouTube. In other words, students can watch their own sermons and those of their classmates.

Contact Angela Franulovich at afranulovich@liberty.edu.

Zeta Tau inductions

Zeta Tau, Liberty University's chapter of Sigma Tau Delta, the International Honor Society in English, will hold its annual induction ceremony today at 7 p.m. in DeMoss Hall's Grand Lobby.

Zeta Tau's president, senior Stephanie Brown, said that although English honor society has existed for about 30 years, this year's ceremony is destined to be the "biggest induction in our history."

"We've grown tremendously over the last five years," said Brown.

Zeta Tau's faculty advisor, Carolyn Towles, said that membership in the honor society offers students recognition for academic achievements, provides a sense of community and presents students with the opportunity to publish works in the society's monthly magazine.
**FIRE:** Hazards lurk at every corner

(Continued from page 1)

“One of the things people don’t know is how to use an extension cord,” said DeJarnette. Extension cords are not for the temporary use only. They will also get a close-up look at London’s history by taking part in two walk-visit rural and city police stations in both Yard. Sherlock Holmes.

**CRIME:** Track, Jack the Ripper in London

(Continued from page 1)

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**PAINTER:** Christians in the media

(Continued from page 1)

"By that point, I wasn’t really sure what that meant, but it’s funny how those things work out," said Painter."

**PAINTER:** Christians in the media

**March:** Rally draws students to D.C.

(Continued from page 1)

I hope that by offering stu- dents the chance to participate, it helped send a mes- sage about what we are and what we believe as a univer- sity," said Richards.

In addition to the events held on Monday, a two-day convention took place Saturday and Sunday. During this time, three ses- sions were held focusing on religious li- ples, a set of princi- ples expressing the ideals that much power, could not short the cord. The crime department network operated by police as dangerous as fire. When fire spreads on a temporary use only cord, it could spread the fire faster. The fire in a London house bathroom hooked up to an extension cord. The fire in a prime example of the misuse of the creation elec- trical devices are not used properly. The Ripper Way has the possession of things such as candles, personal space heaters kept in the bathroom. For the benefit of students, the fire department gave a picture. Not only was he involved in the musical aspects of the film, but his wife wrote the songs from the movie as well as arranged some of the scores.

"Delusions of Grandeur" and "The Way We Were." According to Painter’s sister, Dr. Karen Richards worked on Conan O’Brien. He also enjoys musical aspects of the film, but his wife wrote the songs from the movie as well as arranged some of the scores.

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News v. the Net

Newspapers will survive in the digital world

Philip Meyers, professor of communications at UNC - Chapel Hill, asserts in his book, “The Vanishing Newspaper,” that the last daily newspaper will be recycled in 2040—just 34 years from now. Meyers’s claim is simple—Newspapers can’t survive in a digital world, particularly the Internet—true, not true.

Newspapers have been around for more than 300 years. Since then, we have seen the telephone, radio, television, cable and satellite become a part of the daily life of every American. Newspapers survived them all. And we’re facing just another media to adapt to the Internet. In spite of circulation numbers dropping, which they have, newspapers are still poised to have an impact in the average American’s day-to-day life. In fact, according to Paul Tuchman, a Washington Post reporter, who wrote “A Bright Future for Newspapers” in the American Journalism Review, newspapers may have the best shot out of any of the “old media to survive in a new-media world.”

According to Tuchman, it’s not for the elections last year, cable news would have experienced its third consecutive non-growth year. Network television has been on a decline, since the mid-90s. Figures are comparable for radio and magazines. The media industry is seeing 20 percent of their viewers since the mid-90s. According to Farhi, CBS, NBC and ABC have lost 26 percent of their viewers since the mid-90s. Farhi wrote, “A Bright Future for Newspapers” in the American Journalism Review, even though the New Orleans Times-Picayune was anxious to get their paper printed after Hurricane Katrina. Both offices of the Times-Picayune were destroyed after the hurricane, but they set up camp elsewhere and kept working. They published editions of their paper on their blog for two days after the worst of the storm went through. But after that first two days, and even since, they have continued to print daily papers. If there had ever been a time for a newspaper to try an all-online publication, it would have been the Times-Picayune. But they still wanted a printed paper: Online wasn’t enough. Neither was a blog.

Some say bloggers are the news source of the future. Unfortunately, there’s one fundamental problem with that: most bloggers don’t actually do their own reporting. Kath­leen Parker of the Orlando (Fla.) Sentinel accurately points out, such as reviewing the tedious documents that are important, but boring, or actually interviewing the people about whom the article is written. It’s easy to link to an exist­ing article, but actually digging through the information and getting the interviews to talk to the people behind the stories is the hard work and the real reporting. Even Matt Drudge, who is credited for breaking the “Zippergate” story involving former President Bill Clinton and White House intern Monica Lewinsky, took that story from Newsweek. It wasn’t his research that uncovered the affair between Clinton and Lewinsky, but a tip from someone else saying Newsweek had the story and held it until the next issue was to print. Granted, Drudge did check with his own sources before publishing his story, but it is still mainstream journalists, the reporter who uncovered the story, who deserves the credit. Regret­fully, the same is true for most bloggers. They don’t report. They either take something from the mainstream and link it up to, or spout off their own opinions about what happened, which journalism isn’t at all.

Journals is a profession. It takes schooling, training and hard work to be a reporter. Reporting is more than taking an “it’s news story, mixing in your personal opinions and con­spiracy theories and plastering them all over the Web. Reporting is a detailed and accurate account of the facts. In other industry professions one can get out there to make sure their work is true, accurate and objective. No other profession is considered so important and vital to the American way of life that it is protected by the First Amend­ment. It is incredible to me, as a journalist, that my job enjoys the same constitutional protection as the freedom of religion and right to free speech. Newspapers are an integral part of American society. They are a written, daily history of our cul­ture, they are a public forum for the exchange of ideas, they are a watchdog against the abuse of power, they are tangible and they will always exist.

Contact Alicia Wotring at awotring@liberty.edu.
Discretion needed in media coverage during wartime

On Jan. 7, 2006, U.S. Army Spc. Jill Carroll, a reporter for the Christian Science Monitor, was taken hostage by an insurgent group. Carroll and her fellow hostage took their captors to Dubai and were later released. According to the Washington Post, Iraqis often regard a hostage's family as a fair trade for their loved one's return.

In this present war, as in the ways of the past, the media plays a significant role. The public's thoughts and opinions concerning such matters are greatly influenced by the media. The purpose of the media is to inform the public. If, in doing so, the media asks the questions of our nation, should they be kept off the air?

Many commentators feel that the media has been biased in the coverage of the war in Iraq, leading Americans to believe that conditions are worse than in reality. While this may be true, we, as Americans, should be allowed to hear about these situations. The problem is that the media is essentially a double-edged sword. It gives us the information we should know, but, in some cases, it may serve to further the cause of our enemy.

What, then, should we do? It seems both impractical, and perhaps even impossible to shut down, or censor certain types of reports. On the other hand, the media can serve as a channel which further the propaganda of some radical groups. Perhaps these two are not mutually exclusive, and some type of balance can be struck between the two. Regardless of where you fall on this issue, some action should be taken to withdraw some of the free publicity our media gives to these groups.

Punishing criminals should be left to courts, not individuals

In the past few years, many cases have occurred in which people in light regarding church officials committing rape crimes against children, and other members of communities across the country. For those involved, the recent report increases of rape in the state. To most, this seems like a sentence for such a horrible crime. Even so, this does not give us the right to take matters into our own hands, when it comes to punishing these criminals.

If you are thinking that Shanley is going to be sitting in prison for 10 years, after which he will essentially be a free man. On Tuesday, Jan. 24, 2006, Former priest Bernard Geo...
Students cope with new culture

By Jeremy Wicks

On Thursday, Jan. 18, Liberty's international department hosted a dinner for some of their most recent arrivals from Nepal. The event was held at the International Religious Liberty Center and featured a Nepalese dinner.

"We felt good at first, but now the King is looking into the possibility of a new government and the students are reallyな about the protests," said Falwell.

"It's been a rough week for us," said Bhandari. "But we're still here, and we're still trying to adapt to our new environment."
**Women suprisingly split road trip**

By Adam Trent

The Lady Flames basketball team had something unusual happen to them on the road last week. They lost, 64-55, to the Panthers of High Point last Wednesday and for the first time in nearly a decade, they are not first in the Big South. High Point’s win gave them outright ownership of first place as they are the only team currently undefeated in league play.

Currently, the Lady Flames are in first. However, unlike typical games, High Point went on an 8-0 run to take the lead. The two teams would trade the lead back and forth over the rest of the half. When the buzzer sounded, High Point was up 27-24. In the second half, the Lady Flames regrouped and opened up a five-point lead after scoring the first six points of the half. It would be the last time they would be in front, as the Panthers scored the next 15 points to take the lead and held off several Lady Flames comebacks.

With the loss, the women’s basketball fans around the Big South are wondering if this is the year Liberty finally breaks the ceiling.

However, High Point and Liberty are undefeated at home this season. High Point must still travel to the Furnace where they will play the Flames.

Also, High Point is a team fed by seniors, while Liberty is one of the youngest teams in the nation with no seniors.

As a side note, that is the team that was playing only in its second game without freshman Morgan Finke, the leading undersized Blue Devils.

**Liberty dedicates track**

By R.L. Williams

Liberty University dedicated the Tolsma Indoor Track Center and hosted the On Track Open this past Friday and Saturday. Teams from Liberty and Birmingham-Southern came to run on the newest indoor track in Vegas, and many great performances were established. Liberty athletes garnered some great finishes over the weekend, with wins for Keni Butt (high jump), Phillip Lalimele (800-meter run), and Jordan Wilson (1500 meters), as well as the men’s distance relay medal.

Other top finishes were turned in on the women’s side by Caitlyn Satherfield (sprint medley relay), Charlene Hibbert (500 meters; second place), Ariana Zelinauskas (pentathlon, record), and Carole Zerfourn and Ashley Osbourne (4000 meters; third place).

On the men’s side, top finishes were turned in by Kevin Campbell (sprint medley relay), and Cameron Wilson (sprint medley relay), and the 4x400 meter relay team which finished second.

**Liberty celebrates track**

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**Men's Basketball**

vs. VMI

Thurs. 7 p.m.

vs. UNC-Asheville

Sat. 7 p.m.

Hockey

vs. Davidson

Fri. 8 p.m.

Track and Field

Record Bash this Saturday

Fri. 8 p.m.
Possibly a new breed of Super Bowl

By Matthew Bar
Sports

After week 13 of the 2005-2006 National Football League season, the Pittsburgh Steelers, at 7-5, were a long shot to make the playoffs. They barely slid into the sixth and final playoff spot by scoring the season with four straight victories—two at home and two on the road.

Going into the playoffs, the Steelers weren’t given any chance to get to the Super Bowl because the road would have to travel three games in the playoffs, all on the road.

Pittsburgh stopped the top seeds—Cincinnati (three seed), Indianapolis (two seed)—while blazing a trail to their Super Bowl appearance. went 12-4 in the regular season, the Super Bowl XL. At 5-0, the Steelers have the chance to be one of the best of all time.

The animosity here is uncanny, starting with the starting-QB battle with Miami Dolphins (4-0, Ron Bostick (81 pts rating) vs. Matt Hasselbeck (81 pts rating), Baltimore Ravens (1-14 two touchdowns) vs. Jerome Bettis (14 touchdowns), the number two total offense, Pittsburgh’s number two total defense in Pittsburgh vs. Seattle’s number two total offense, Pittsburgh’s number two total defense in Pittsburgh vs. Seattle’s number two total defense.

As you can see, the match-up is incredibly even.

Traditionally, the league championship games are more entertaining and competitive than the Super Bowl. It should be different this year—a possibility that XLIII will be a new breed of Super Bowl.

With the Steelers rolling off straight victories, five of them on the road, they are on a roll.

Not to be outdone, the Seahawks have won 13 of their last 14. The one loss came in the final week of the regular season against the San Francisco 49ers. The 49ers defeated the Seahawks after San Francisco quarterback Alex Smith scored a touchdown on a fake punt play.

The defense is known for stopping the run and ranks third in the league, which is what the Seahawks third-ranked rushing offense will be trying to dissolve on the back of Alexander.

Pittsburgh’s trademark running game is ranked fifth and they try to establish the run against the Seahawks fifth ranked rushing defense.

The defensive style of both teams is very similar. Both have an average to below average secondary, fast linebackers, and a solid front line. The Seahawks give up an average of 16 points per game while the Steelers give up 14. Pittsburgh’s 4-14 sacks were only half from Seattle’s 4. Each team had 12 interceptions, and the Seahawks and the Steelers have just five penalties each.

This game may be more about the quarterbacks than any other of the match-ups mentioned. Both teams will be trying to stop the run, meaning that if they succeed, the passing game will be key. Both defenses are suspect to being torn apart by the pass, not just special teams units are in the top ten, and both offenses are playing like they desire to be in the Super Bowl—because of their quarterbacks.

Super Bowl XL will be all about who stops the run, who stops the pass, who steps up on defense, which quarterback gets locked on his back, which quarterback leads his team better—maybe even if quarterback comes up with the big kick at the end of the game to ice the game and most importantly, who wins it most?

Will this be the game for the ages? All the answers lie in the Super Bowl itself—Sunday, Feb. 5, 2006 at 6:30 p.m.

Contact Matthew Bar at mbarrell@liberty.edu

Sports

Defensive styles of both teams are similar. With one of the best quarterbacks in the NFL, the Pittsburgh Steelers and their defensive style have the upper hand. The Seattle Seahawks have a solid front line. The Seahawks rank second in the league, which is what the Seahawks third-ranked rushing offense will be trying to dissolve on the back of Alexander.

The starting-QB battle with Miami Dolphins (4-0, Ron Bostick (81 pts rating) vs. Matt Hasselbeck (81 pts rating), Baltimore Ravens (1-14 two touchdowns) vs. Jerome Bettis (14 touchdowns), the number two total offense, Pittsburgh’s number two total defense in Pittsburgh vs. Seattle’s number two total offense, Pittsburgh’s number two total defense.

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Contact Matthew Bar at mbarrell@liberty.edu
Blood Transfusion: Liberty finds treasure in Pittsburgh's loss

By David Thompson

"There is little doubt that the football squad here at Liberty needs, and still will have, serious work after a season. The change is inevitable part of life—and football. Change is an inevitable effective way to rejuvenate a team. That pressure should be alleviated by the addition of several new players to the football team—not the least of which is former University of Pittsburgh running back Rashad Jennings. Jennings, according to Dave Wenning, said "all of the young running backs and receivers (at Pittsburgh) are going to get a bigger opportunity this year. They are all one step closer to the field." Pittsburgh will be in need of a transfusion as well, as three other players have left the team, including a key receiver who signed to skip his senior season to enter the NFL draft. A native of Forest, Va., Jennings played high school football for Lynchburg Christian Academy and Jefferson Forest, pulling in 18-yard yards in his senior there, and scoring 59 touchdowns. He left the need to return to the Lynchburg area to stay close to his family as his father is sick with diabetes. Jennings said that he did not wish to burden his mother with the responsibility of caring for his father by himself. "When my football career is all said and done, the only thing that's going to matter to me is the loved ones," said Jennings, according to newsobserver.com. He also praised Liberty's opportunities for ministry, saying "I use football as a platform for ministry. No other school can provide an education in that field aside from Liberty." The best part for Liberty is that Jennings will not have to sit out a year because of the transfer. Since he is transferring to a Division I-AA school from a 1-AA school, he will start the 2006 season at Liberty, only minutes from his home. With the addition of Jennings, Liberty's problems should begin to diminish.

By Roberto Trigg

"What: Superbowl XL Party
Who: LU Students
Where: Student Life
When: Sunday, February 5th
What time: 6:00 PM
Cost: FREE
Student will be offering free refreshments and giveaways throughout the event.
Don't miss the fun!"

The LIBERTY CHAMPION, page B3

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Hockey: Flames burn Blue Devils on home ice

Continued from B1

The lapses that the Flames experienced were barely evident to the satisfied spectators, especially after they closed out the second period with three more goals to Duke's one, making the score 8-2, heading into the third. "Twenty-four seconds into the final period, Wilson struck again, stretching the lead to 9-2. The goal, assisted by Grisam, gave Wilson a hat trick on the night, but the high-octane Liberty offense was hardly running out of gas. Sophomore defenders Anthony Price and David Dipper scored "double digit" from the crown, sealing the Flames' tenth goal coming on assists from Kemp and Wilson. Manty then went on to work on his own, scoring off a Kevin Dykstra helper with 7:52 to play. Duke would recover a meaningless third goal before forwards Pete Masterton and Jay Pojagt slammed the door on the Blue Devils. The 8-2 victory improves Liberty's record to 15-5-1 and completes an undefeated month of January on ice. The Flames now look to take some momentum into a more rigorous upcoming schedule, beginning with a pair of home games February third and fourth against Davenport University, the ACHA Central Division's number-one seed. "Some of the kids are moving coming together and playing well — we feel like for each other, which is great with the bigger games that are just ahead of us," said Mackenzie. Davenport's going to be a hard team, super hard, very hard working and physical. We should find out a lot about where we are as a team after next weekend." One thing that will certainly help the Flames will be a continuity of the strong support they have received from the student body and members of the community thus far. "Our fans have been (amazing) so far, they come out and give us so much energy to feed off. People sometimes talk about having a sixth player out there from the bench and we have that, just having the crowd behind us with all the students there has been huge and we really appreciate it," said Mackenzie. Contact Scott LaPeer at csleep@liberty.edu.
The past week has indeed been a fiery trial for the Liberty Flames men's basketball squad. While on a three-game road trip, the Flames dropped two straight games in four days, reaffirming the difficulties of playing without senior leadership.

Asheville, N.C., where Liberty's offensive attack sputtered through half. According to Randy Dunton, assistant coach, the Flames never trailed the entire night, scoring 49 points, their third-best showing in any half of play this season.

Randy Dunton
SPORTS REPORTER

www.libertyflames.com, the Flames' losing effort, Blair again gave a stellar scoring effort as he mustered 23 points, including 7-of-18 from the floor and 7-of-9 from the free line. It was Blair's third game in a row with more than 20 points.

Larry Blair scored over 20 points against Coastal Carolina, going 7-of-18 from the floor and 7-of-9 from the free line. The Buccaneers, who have only seven wins, still look to be a tough opponent for the Flames.

The next home game will be Feb. 24-26. The Flames will travel to the Wilmington, N.C. tournament, including Stony Brook, Hampton University and the University of Maryland, Baltimore County.

Contact Matthew Hegarty at mjhegarty@liberty.edu.

**Underrated softball prepares for action**

Although her team does not officially commence its season until four weeks, the Liberty Flames softball team is working hard to prepare for whatever this new season may bring.

"I told (Bennett) I will be back next season, reuniting to form a great winning team," Wetmore said.

While Wetmore says that the Flames depth of their players will be their greatest asset this season, as well as some other novices.

Junior shortstop Jessica Maier, the team captain, has been chosen as the Big South's Player of the Year. With 18 home runs and four doubles last season, Jessica has made a mark on her team as a leader and on her coach as a player, as well as making the entire team better who watch her.

"It will be like, 'We can beat him,'" Wetmore said. Two other returning team leaders are junior co-captain pitcher Sarah Swor and sophomore Shannon McKain, who watch her. With a GPA average of 3.1 for the entire team, the ladies' diligence on and off the field is clearly obvious.

"We don't want anybody to underestimate us," Wetmore said. "It will be like, 'We beat them last season.'" The big thing, in the Big South comes on a pre-season poll and picked in sixth place - all laughed. The coaching staff here voted and we put ourselves at fourth place, because we don't want anybody to think that we're better than we are," Wetmore said.

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Reaching out through Christian Service

By Kristi Kirkland

It all started long ago when two Liberty graduates felt God’s hand guiding them to be missionaries. Learning everything they knew behind, they followed God’s calling to Australia, where they now have been serving for almost a semester. "Christian Community Service not only gives Liberty students the opportunity to get to know the people they help, but also helps them to grow closer to God," said Jenny Jacobs, a junior.

HELP STUDENTS — The Liberty Griffith House in West Village is an excellent place for female students to minister to those who are hurting and in need. He gave of himself freely to those around him who were hurting and in need. Being a student at Liberty University, he was devoted to others. Liberty has 12,000 students, and they all have the opportunity to participate in the Christian Community Service program. The mission of the Christian Community Service program is to give students the opportunity to actively participate in the great commission and show Christ’s love. "If you challenge someone to follow Jesus, you are a servant leader," said Ryan Donald, a sophomore. Students are free to choose other avenues for serving is through the Christian Community Service program. Each year an award is given to the Christian Community Service leader of the year, and students are nominated for recognition. "The most important thing our organization does is to give Liberty students the chance to serve others. People put lessons learned from Christ’s hands and feet while giving the community a chance to see what Christ can do through an institution that is looking to develop students into future leaders of Christ."

Back from ‘Down Under’

Freshman Ben Proctor’s take on being an ‘MK’ from Australia

By Nestor Cortez

It all started long ago when two Liberty graduates felt God’s hand guiding them to be missionaries. Learning everything they knew behind, they followed God’s calling to Sydney, Australia, where they now have been ministering for all years. These two are the parents of Ben Proctor, a freshman who grew up in Sydney and discovered the need for an authentic passion for Christ both in Australia and in America.

Proctor was at a Kids’ Club Meeting when he was challenged to let Christ be the light of his life. "That grabbed my attention," Proctor explained. "I could actually picture this little boy with a lamp." Giving his full attention to the teacher, Proctor realized in the first time that just because his parents were missionaries didn’t mean he was going to heaven. At the age of 6, Proctor began to realize that he was a Christian. "You can be a Christian for a long time and see no change in your life until God begins to work through you," he explained. After a while the pressure and unrealistic expectations got the best of him. He found himself wishing that he could distance himself from Christianity altogether. "I wanted to be experienced in my emotions," he said. During this time that Proctor began to realize that he was more personal and authentic with God.

"I can see a Christ for a long time and still be a baby in Christ," Proctor said. He felt God working in his heart while he was doing a study of Jeremiah. He realized that just as Jerusalem needed rebuilding, so did his life. As Proctor developed a stronger faith in God he began to notice the lack of depth some people within the Christian community in Sydney. "Christianity in Australia is very casual," Proctor explained. "It’s a dwindling atmosphere in America is very different. "It can get confusing when I try to communicate the language barrier. It can get confusing when I try to communicate with others," he said. While the subtle differences in language don’t set him back too much, they have made for a few embarrassing moments. Proctor also conveyed that the atmosphere in America is very different. "It seems like everyone is in a hurry to get things done and in Australia most people have this, ‘I'll work out later’ attitude."

Proctor encourages other "FKS" and "MKs" that they might be feeling the pressure of expectations to pray through it. "It comes through God and not by myself. If you have a desire to know God, you will have that relationship," he explained that while you will never be perfect, truly knowing God will carry you through anything.

In past years, Proctor was both a camp counselor and a youth leader. He explained that he worked with children who had been neglected, abused and who had seen their parents murdered before their own eyes. "They came to camp so angry and afraid, but most of them accepted Christ and made decisions to follow God," said Proctor. "It was amazing to see them change so drastically," he said. Having seen God working so evidently in so many lives, he began to love God in a way he had never before. He realized that this was a God who could depend on him.

Within this year, Proctor’s new-found independence on God was yet to find that love that left behind everything he knew to move to Liberty University. "I was really anxious about coming to a completely different country, but I put God over everything," Proctor said. "I have faith in God and I’m just grateful for the love that I have received from others," he said. A new mission for Proctor and observing their ministry for almost 40 years. If I had to encapsulate the essence of their ministry, it would be that they have consistent, lived God and lived the American dream. It is true that home is where the heart is, then it is easy to see that the Proctors have made Australia their home."

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A person who smokes a pack of cigarettes a day will on average lose two teeth every 10 years.

—www.amusingfacts.com

B.ocks, tuition, meal plans, cell phone bills, gas, groceries and rent are just a number of things college students are faced with paying for partially or entirely. Many college students resort to working part-time jobs in order to help their parents with these expenses or to cover these expenses themselves.

According to Liberty University’s Federal Work Study Office, there are currently 346 students working in Liberty’s federal work study program. Out of those 346 students, there are 23 students working off campus in Liberty’s community work study program at Lurbridge Middle School, Bethune Nursery School and at Guggenheimer Nursing Home.

Khalil Reed is one of those 346 students involved with Liberty’s federal work study program. Reed is employed by Athletic Media Relations and works between 20 and 25 hours a week to pay for some of the many other expenses other college students have. He enjoys his job and believes it prepares him for the future.

Carl Coffee and Nicole Plummer are also Liberty Students, but they both work off campus at one of Lynchburg’s newest restaurants, Buffalo Wild Wings. Coffee feels motivated to work for many of the same reasons Reed does. He has been employed at Buffalo Wild Wings for almost 23 years, and he believes it is a “great experience” to do something on his own. He sees his current job as an opportunity to develop a work ethic that will be helpful upon graduating from Liberty.

While Coffee took 15 hours last semester at Liberty, he worked between 20 and 45 hours a week at Buffalo Wild Wings. Both Coffee and Plummer admit to generally getting to bed between 2 and 4 a.m., and averaging only six hours of sleep per night. Reed also told averages around five or six hours of sleep a night, and that he often tiptoed in class.

“I work on a school night, so usually don’t get home from work until around 1 a.m.,” Plummer said. “I have any work I need to get done, I usually am up until about 3 a.m. trying to get everything done. This means that I only get about six hours of sleep at night, which means I’m usually very tired the next day in class.”

According to the National Sleep Foundation, the recommended amount of sleep for the average adult is between seven and nine hours a night.

“When children and young adults don’t get enough sleep, it can affect their behavior as well as their performance in school and social and recreational activities,” Mindell is a NSF director.

Another benefit of work study is the recommended amount of sleep for the average adult is between seven and nine hours a night. "When children and young adults don’t get enough sleep, it can affect their behavior as well as their performance in school and social and recreational activities," the Web site noted. According to www.college-board.com, there are benefits that students make a "to-do" list every day, and to find the time that they study best.

"My grades have probably gone down a little this semester, because I have not had a lot of time to study," Plummer said.

College students and professors are not the only ones affected when a student chooses to work. Often managers and supervisors of local businesses feel the strains that working at a college student’s schedule can create. The college kids and the people, not in college have the same work ethic, but a college student’s schedule is more unpredictable, said Jason Stevens, a manager at Buffalo Wild Wings.

According to www.college-board.com, the important for college students to learn to tell their bosses when they cannot work. The Web site also suggests that students make a "to-do" list every day, reward themselves for their accomplishments and to find the time that they study best.

College students and need time for study. Many college students spend their time "on the books" or off campus. The Web site noted that while students are generally limited to 20 hours per week; during school breaks, students can work full-time.

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