INSIDE

A week later, still no president

By Bethany Robinson, reporter

Former LU student Jeff Coleman, 25, captured the State Representative office for the 60th district (district of Renfro) in the 2000 election. Coleman was a Republican in a largely Democratic area.

The vote came down to the wire as a packed Coleman headquarters in Field Gym was deluged with people and was packed until after 5 a.m. for the final results to be released. Everyone was waiting for the final result. Coleman thanked the crowd and everyone who came out.

Several LU students played a part in Coleman's win. One of those students Wilder was referring to was Angel Network.

Wilder was working as an auditor in the Lynchburg community. She has been working on the Jubilee Development Center in Lynchburg was awarded the "Use Your Life Award" by Oprah Winfrey on Nov. 6.

The Web site also says that when you visit the Web site once a week and many other pro­

In Oberon, the election was a success. The overall network implementation that the organization has been worked on has been decided and now the implementation is complete.

The ensuing debate surrounding this election has spread worldwide and has been given the opportunity to fill out the system. The ensuing debate surrounding this election has spread worldwide and has been given the opportunity to fill out the system.

Please see VOTE, page 3

By Bethany Robinson, reporter

Several years ago, God gave one man a vision to start an organization that would help the kids in his hometown. That vision has grown into something so improvised and helpful to the Lynchburg community. That Oprah Winfrey recognized this man and the work he was doing by giving him "Your Life Award" that is part of her Angel Network.

The man with this dream was Sterling Wilder. Wilder is a former LU student, and other area colleges use, according to Mathes.

"I feel like I have entered the information age and am now on the Internet," said Wilder.

"I knew the kills in my church didn't work. I talked about this to some of the people in my church and we came up with this idea," said Wilder.

"Later, I learned that every Monday, Winfrey told Wilder that every Monday, "I have a lot to do on the weekends. We were doing it because we were doing it.""

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**Mike Detmer**

**Hometown:** Cambridge, MD

**Major:** Speech Communications with a History minor

**Residence:** Dorm 23-1

**Nickname:** Kramer

**Favorite food:** My most consumable food is pizza.

**Hobbies:** playing guitar, reading, inventing, thinking

**Family:** I have two sets of twin brothers and sisters.

**Your hair always been that way?** My hair has gone through many different stages, but it has always been central to my life.

**What do you want to do when you grow up?** I want to be a leader in my field and affect change for the better.

**Favorite State Motto:** “Live Free or Die”

**New York Lessens Traffic**

By Mariel Williams, reporter

Students read, sing, act out literature

By Mariel Williams, assistant news editor

Students and visitors new have another way to get onto the Liberty campus—the $6.4 million ramp, also called “Jump L.” According to the November edition of the National Liberty Journal, the university announced in October that the ramp would be completed and opened to traffic in the next 30 days.

The Virginia Department of Transportation suggested the city construct an interchange at Rt. 460, but the city refused because it had other plans and was higher in money.

City officials had meetings with city officials and told them the city was new willing to pay and can find the money necessary for the interchange. They also said Liberty had to do the necessary legal in the state and had to build three high-level ramps at the perimeter would not be granted for the interchange.

Liberty provided with the engineering on the interchange and systems and finally raised the way for the first of three ramps last year. According to T.J. Felsher, president of the university, the ramp was built in seven months and the university had a new way to get onto the campus. Since the university was open, it will be beneficial to the students and staff.

**Jackson ministers to families in Texas**

By Stella Bell, student, news editor

Bob-Jackson, former senior campus pastor and current dean of Spiritual Life, came back to campus last weekend. After leaving LU last year, he is now impacting families through a new ministry called Family Life in Wimberley, Texas.

The ministry’s main purpose is to help parents intentionally pass down their spiritual heritage to their children. The ministry takes this from Deut. 6:4-7: “And these words which I command thee this day, shall be in thine heart; and thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up.”

Jackson believes that the only way this country can be changed is through the family. This ministry gives parents accountability.

Jackson said that the ministry wants to make God part of a family’s daily life. “I want to react to his mindset and give people practical ways of using children.”

It is time to give parents ideas on how to incorporate the teachings of God into children’s lives and on buildings. They also give ideas for churches, since much of family life is spent in school events, sports practices, etc. It also gives family night ideas where one night a week is set aside for families to spend time together.

Jackson has more ideas for this ministry, which is to be the formation stage. He hopes to get core couples that model the ministry’s purpose to teach models for others.

He also hopes in being a Christian radio station since there is no subsidization and a Christian radio ministry to the area.

Jackson and his wife, Tami, are also in secular discussions with Focus on the Family. They are looking to partner with Heritage Builders program. They will meet again after the holidays.

Jackson has also had opportunities to serve in his church, First Baptist Church of Wimberley. He teaches a couple class and has already seen it grow to 10 people starting a 4-month class.

As he gets his family’s ministries to move, Jackson shared, “It has gone more smoothly than I thought it would.” He said this year, Dec. 11, 2000, a new year, a little slower, and then his second year at Liberty, have had all well. When asked how he felt at Liberty, Jackson said, “I am thrilled to be back.”

I miss the student body interaction.” Jackson plans to have his 6th month manuscript in to speak at a Sunday night church service and Monday morning convocation.

Jackson wants to be updated on Jackson’s ministry. They can read him at https://www.christianitytoday.com/jackson.html and also plans to send an e-mail to students after the new year.
Vote:

Disputed

Cold medicine ingredient found to cause strokes in young women

By Angela Nelson, news editor

Students, particularly those who use cold medicine containing the over-the-counter cold remedies and decongestant pills, are at risk for strokes. Last week, the FDA warned Americans to stop using several medicines that contain an ingredient known as phenylpropanolamine, or PPA. The medicines being recalled include 44 brands of decongestants, 28 among PPA users in the past 15 years. The Office of the Inspector General of the Department of Health and Human Services recommends that phenylpropanolamine cannot be considered safe for contraindicated use.

The study concludes that PPA increases stroke risk for young women within days of taking PPA-containing appetite suppressants, oropharyngeal cancers like some Triaminic products containing PPA, which is shown to increase the risk of hemorrhagic stroke among PPA users in the past 15 years. The Nonprescription Drugs Advisory Committee met on Oct. 19 to discuss safety concerns resulting in full PPA ban. The committee reviewed a 15-member panel approved final results and concluded that phenylpropanolamine cannot be considered safe for contraindicated use.

A suitable replacement is needed for PPA. The FDA is expected to release new guidelines within 60 days. This is an important step in reducing the risk of PPA-containing appetite suppressants. This is an important step in reducing the risk of PPA-containing appetite suppressants.
Great Britain trip set for Summer 2001

Chris Price

An educational tour of Britain and Ireland is planned for Summer 2001. EF tours, a company that organizes educational tours, will sponsor the tour. The tour, which will be led by Dr. George Price, is scheduled to begin May 21 and continue until June 7. The cost of the program, which is over $2,000, will include a registration fee of $1,100. An airport fee of $250 is also required, although it is subject to change.

The program includes the following highlights:
- 14 night stops in the United Kingdom and Ireland
- 14 overnight stops, mostly continental accommodations and dinner
- 14 days to explore Northern Ireland
- Phillips, the National Museum of Art and History
- The castles and palaces of Scotland

Another exciting site will be the Blarney Castle on the way to the south of Ireland. The castle, originally a timber structure built in the 11th century, replaced the Blarney Stone from Santa Fe, Argentina, will be organizing the trip's ministries and activities.

"I see now that God is using me to take people from here over there (Argentina), and it's something I'm really grateful for," said Leon. "I think here and there, and she said she agreed. I love her as a sister in Christ, and I'm very excited about it."

Leon explained that in Canada, a typical team in a mission trip will have students who are of average intelligence and a few who are above average. However, students who register later may have to pay higher fees for the plane tickets. Altogether, the trip will cost $1,250.

The rest of the tour includes a visit to the Bog Village, a visit to the Blarney Castle, and a visit to the Irish capital of Dublin. A stone castle, originally a timber structure built in the 11th century, replaced the Blarney Stone in 1215. The team will also visit local schools, including Leon's alma mater, and share what God's done in my life with them.

The trip does not end there. By utilizing its communication studies at Liberty, the team plans to use the team's radio and television segments and distribute gospel tracts. During the final days of the trip, the team will travel to Roxton House in Great Britain and the World of Life Institute in Argentina.

"My main goal is to open people's eyes to the message of God. He has a much larger work to do," Leon said.

For information, contact Light Ministries at ext. 2641.
Facts from Florida the media won’t report

"We’re now living in a nation where after voters cast ballots, somebody needs to ask them: 'Is that your final answer?'" – Los Angeles Times’ Mike Downey

In response to Matthew Truax’s article on the "kid crazy" Christian music industry—baloney!

In the same issue of CCM is an article titled "The Tragic Cost of the 'Kid Crazy' Christian Music Industry," written by Christian author, Rachael Lampa, and Lisa Minnelli, where they discuss the negative effects of the Christian music industry on young artists.

Photos by Karl Klous

"They are sharing the knowledge they have gained about Christ and Christianity with thousands of people in their own age and older. Is that bad?" – Veronica Gakuru, Jr.

In the election, the media is very biased, and this election is greatly delayed.

When Jesus overturned the tables and told the money changers to leave, he was doing his best to have his say in what the outcome will be.

In Matthew 15:28, Jesus said, "I can assure you that my good friend Oule Newbaugh, Ind., would talk in his office about the bias not just in the media outlets in America, but also the bias in the way the people will vote..."" – Matthew Stewart, Sr.

Young Christians are not able to express their own views on the growth of the Christian music industry, and they may not have the ability to make their own decisions about what they listen to or write their own music, they have some control over their own lives and responsibilities.

The champion reservesthe right to accept or edit any editorial submitted becomes the property of the champion.

No votes thrown out has remained steady, or if the votes thrown out has remained steady, or if the votes thrown out has remained steady, or if the votes thrown out has remained steady.

No, I learned in statistics that the media is very biased.

Yes, it is the only way the people will know that the right man was chosen.

"Because he is in a position of stewardship just accept that." – Brent Bourgeois, 15, Brent Bourgeois, 15, Brent Bourgeois, 15, Brent Bourgeois, 15.

"I think this whole thing is a joke." – Matthew Stewart, Sr.
I can't get no...sleep

Virgil, an ancient Roman poet, wrote: "Lay me, I say, in the middle of the night, and I'll tell you how I feel when I can't sleep." So, I decided to ask a sleep expert, Dr. Angela Bellamy, for her advice on how to improve sleep quality and quantity.

Dr. Bellamy explained that lack of sleep can be detrimental both to our health and to our overall well-being. "Sleep is vital for giving our bodies rest and allowing them to regrow their cells," she said. "It's essential for maintaining a healthy body and mind." She went on to explain that poor sleep can lead to a variety of health problems, including obesity, diabetes, and heart disease.

In order to achieve a good night's sleep, Dr. Bellamy recommended establishing a regular sleep schedule, avoiding caffeine and alcohol before bedtime, and creating a comfortable sleep environment. She also advised against using electronic devices before bed, as the blue light emitted by these devices can interfere with our sleep cycles.

"Sleep is a time for the body to repair and rejuvenate," she concluded. "By prioritizing sleep, we can improve our physical and mental health, and enhance our overall quality of life."
Jaci Velasquez concert coming to LU

By Laura Kanzler, reporter

Jaci Velasquez and Plus One will be in concert at the LU Vines Schilling Center on Nov 18. Doors close at 12:30 a.m. Tickets are $5. Call 582-2131 or 582-INFO.

Jaci's powerful voice and heartfelt lyrics are a major reason Screwtape was chosen to present. It is a musical adaptation of C.S. Lewis' book "Screwtape Letters."

The play by James Forsyth was about to be a captivating and engaging performance by the Liberty "King's Players" all its own. It was a welcome and surprising introduction to "Screwtape Letters" in a series of letters from a demon, Screwtape, to his nephew Wormwood describing how to promote sin and depravity in the relationship between the characters Mike and his mother. The audience saw this in the first act when a serious and unhealthy relationship between the two characters was introduced.

The audience also sees Mike lose his job after being influenced by the seductive Wormwood, played by Hawkes, only later to fall for the boss's daughter. Judy, played by Treider, who becomes his next target.

The main reason Screwtape was chosen to present is because he wants donuts. "I really fear the Turkish king she gives to her mice," Junior Woodworker (Hawks) has said. "One cannot be seduced by Screwtapes' claims."

Jaci's concert will also feature a new look band named "Plus One." "Eminescence" lovers are in for the treat of a lifetime, it seems.

On Thursday, November 16, the French will vacation to Paris and the Christmas market. There is something for everyone. Tickets are $5. Call 582-2131 or 582-INFO.

Face to face with the Mona Lisa, but traveling for a peek at the Mona Lisa, but traveling almost appeared surreal. From afar, it always looked different. Up close, I was amazed at how many limes I saw the Eiffel Tower. It always looked different. Up close, it truly stood out. It was an amazing experience. I was disgusted at how many people stood on each others' shoulders. I was amazed at how many people stood on each others' shoulders. It was an amazing experience. I was disgusted at how many people stood on each others' shoulders. I was amazed at how many people stood on each others' shoulders.
Defining Depression

Defining Depression

When asked what depression is, it is often summed up as the inability to experience joy in the things learned in a textbook at Trinity College or years as executive director of the North-Western. Lantz said, "Depression is a state of mind and body, and people can be at it for a certain time, but it's like our green moss green on the floor." Lantz believes that depression develops as a result of a combination of factors, including personality makeup, life circumstances, and coping skills. "It's the family tree, then becomes... a very simple, but an aspect of it is really, whether it's going to differ from one family to the other. But it's like our green moss is growing on the floor," Lantz said.

O'Connor said that people who think they're really feeling bad, you don't necessarily suffer from depression. Lantz said that when circumstances build up in a student's life, depression is more likely to occur. Lantz said the majority of students in the counseling lab at Liberty were suffering from depression. "Though I can't claim to know everything about depression, I have a strong and powerful perspective: as a suicide and depression survivor, I know what it's like to be depressed and to feel like I'm in a hole," Lantz said. O'Connor thinks that learning to handle emotions, practice intimacy and maintain relationships with trust and honest communication are essential to preventing depression. Lantz believes that students who are struggling should talk to someone about it instead of dwelling on the situation.

Counseling PREPARATION - Assistant counseling professor Dr. David Lemon advises graduate students like Bailey Maulsby in counseling techniques at Liberty's counseling lab. Graduate students in the MA counseling program do most of the counseling for LU students.

Preventing Depression

O'Connor says that people depressed and may just need to talk with someone, others may be suffering from a serious case of depression. While some students find that depressed and may just need to talk with someone, others may be suffering from a serious case of depression.

Susceptibility to Depression

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Boxer Lewis beats Tsu

It was the David Tsu Show until the bell rang. Then it was all Leonard Lewis.

The British heavyweight knocked out Tsu in the second round Saturday night in a 10-round bout.

Lewis, who has a 39-1 record, knocked out Tsu with a hard right to the head. Lewis landed 100 of 175 punches thrown according to a scorecard. Tsu landed 26 of 29 punches.

Liberty’s Kelley honored academically

Flames placekicker Jay Kelley has seen just as much action in the classroom as on the football field this season.

Kelley, a senior from Washington D.C., has been named to the Verizon Academic All-District team. The award is for his academic excellence as well as his football success.

Kelley has also been named to the All-District team in 1999. Kelley has been named to the team for his academic excellence as well as his football success.

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Mens b-ball: starting strong

Continued from page 12

Every time Latvia threatened, the Flames were able to answer.

With six minutes remaining, the Flames got to the Vines Center, making on Rob Anthony picked up a pass and fed David Watson for a jam, giving the Flames the biggest lead of the night 78-51. Latvia missed the Flames 18-for-the final six minutes but came up short, 83-69.

"Late in the game...I may have substituted in season," Hankinson said.

Maurice Watkins led all scorers with 26 points on 8-12 shooting. Chris Caldwell added 20 points. Wallace just missed a triple double, with 12 points, nine steals and nine assists.

"Tought Bruce did a lot of the dirty work tonight. He was awesome," Hankinson said. Latvia hit the Flames offense was much improved over last season.

"We did a great job against the zone, a workhorse last year," Hankinson said.

He also commented on the garners of the team's offense saying they took just four bad shots in the whole game.

The Flames will open up the season against Tusculum, on Nov. 17, at 7:30 p.m. in the Vines Center.

What a difference the train makes

By John Ford, and, sports editor

The Liberty University men's basketball team has announced the signing of five new basketball recruits. El Dorado Carter, Malik Pearson and Augustin Montes for the 2000-2001 season.

Carter, (6-10, 180) is a native of Granville, Ohio. He averaged 17 points and 10 rebounds during his senior year at Southern High School in Raleigh.

Montes is a tremendous asset to our program. He averaged 16 points and 10 rebounds during his senior year at Southern High School in Raleigh.

Carter was the top 65 rising juniors in the nation by North Carolina's Hoops Report as they played three home games.

The Flames will open up the season against Tusculum, on Nov. 17, at 7:30 p.m. in the Vines Center.

Doubles of Freedom — The Lady Flames volleyball team blocked a neck in the Flames have met up against Radford.

By Bruce Gilian, reporter

The Lady Flames Volleyball team was victorious in their season opener as they played three home games in preparation for the Big South Tournament this coming weekend.

On Tuesday, the Lady Flames defeated Radford three games to two (14-16, 17-15, 15-16, 14-15, 15) and Liberty stalled out strong but could not hold on to the end.

"It was better than last time we played them. We just couldn't finish tonight," Head Coach Chris Phillips said. However, proud of the team, Turner thought this was a stronger team than the last match played between the two teams.

The Lady Flames came back on Friday, defeating Charleston Southern in three games (15-5, 15-8 and 15-9).

Phillips was pleased with the points. Phillips and Turner are happy with the Lady Flames performance thus far they started off too slow before picking it up.

Barclay was very season, but according to Phillips, Turner stepped up in the Lady Flames.

During the first game of the week, LU didn't have to worry. Coastal Carolina came into the game winning 8 of the last 10 games. Coastal defeated the Lady Flames in three games.

"We started off slowly and worked our way through. But we just got frustrated the team," Turner thought this helped the team play better. According to Turner, the Lady Flames had to be consistent during the game. "They're a good offensive team, Turner said.

With six minutes remaining, the Flames got to the Vines Center, making on Rob Anthony picked up a pass and fed David Watson for a jam, giving the Flames the biggest lead of the night 78-51. Latvia missed the Flames 18-for-the final six minutes but came up short, 83-69.

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Football: Liberty drops 3 to 8 on season

Continued from page 12

With 9:09 to play in the second quarter the Flames made a 6 with a safety off of LU snap over Penn's head and into the endzone.

Charlotte sophomore made 10 of 16 against Fort Hildon broke loose and caught 60 yards for a touchdown with 1:17 remaining in the half.

Liberty would put together several strong drives in the game but they would falter inside the 30-yard line On LU's first, some of the second half they went on a 10-play drive for 56 yards before another

What a difference the train makes

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If you are not a Student Advantage Member, enjoy a one-time savings of 10% when you present this coupon and your valid Student ID.

Amtrak is a good addition to our program," comments Hankinson. "He is a true mentor that has agreed to help the program. We will provide our program with a player with great size, as well as presence under the basket."
Women's b-ball goes down in tough preseason matchup

By Justin Ridge, reporter

Travelers used tough interior defense to

”force multiple fast break opportunities,” Head Coach Carey

Green said. “We just weren’t running

the floor.”

Travelers started using set plays and

zone offenses designed to burn the clock

first half ended. The Basketball

Travelers 44-42.

The Lady Flames were searching for at least nine

rebounds,” Green said.

“Our perimeter players and

fast break,” Head Coach Carey

Green said. “We just weren’t running

the floor.”

The Lady Flames went from zone to man defense in the first half.

The Lady Flames led Liberty into a slow

half court game that negated the size

advantage the Lady Flames had.

Coach Green said what hurt the Lady Flames was the turn and go style of the Basketball Travelers.

“Their offense wasn’t one that really hurt us,” Green said. “It was just their transition and fast break and our lack of defense.”

The second half picked up where the first half left off. The Basketball Travelers started using set plays and zone defenses designed to burn the clock and to frustrate the Lady Flames.

“The second half was more offensive rebounds,” Green said. “Our perimeter players and our post players both lacked the intensity and the focus of those offensive rebounds,” Green said.

The Lady Flames were searching for at least nine rebounds, but were turned away in the first round.

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The Lady Flames were searching for at least nine rebounds, but were turned away in the first round.

The Lady Flames advanced to a NCAA Play-In game against the Demon Deacons. Wake Forest earned an at-large bid to the NCAA Tournament. Liberty finished the season at 15-7 overall, 4-2 in Big South.

Facebook, Twitter, Instagram

With the Lady Flames exhibition game earlier last week.

Women’s b-ball goes down in tough preseason matchup

The Lady Flames basketball team received a taste of stiff competition

Travelers. Coach Green pulled from his

deep bench early and often, sending five

players into the game. Liberty shot a horrendous

27 percent from the field. The

points each. Liberty shot a horrendous

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Brooke Herrmann

How fast can change come?

Crossing 1950's

Suit with Dugout Diane on 12/29
during the 65 mph gale, I could not help but laugh when I got pulled over by the police. "Smart girl" is what you are called if I’m not wrong. The funny thing about that is just getting off the phone with my boyfriend saying, "You know what? I haven’t even gotten pulled over, but I was glad I had him." Needless to say, it only took a few moments after that for my unmarked cop pulled over me up to 80 mph. When I told my dad on the phone, he quickly pointed out that I should reflect on this "lesson learned" and apply it to life. Amazing how panic come up with the "deeper meaning" of a speeding ticket.

My immediate thoughts were, "I’ve never going to speed again, I’ll change." And as my sports nut ticket.

Breaking of speaking. I was very sorry to see the Flames have another one this weekend. We heard as much about Liberty’s football changing and how students wanted to see a winning record this year.

Sadly, I don’t think a program can be changed as quick as one might think new players will probably need "do or die" awareness.

With much garbage at the team pick up with from the ever "dramatic" student body, I can’t help but think they are improving. Although this year’s home game wasn’t their greatest earning over all, 45 football fans were more impressed and bonds, including the fundamentals that develop basic skills that were so previously overlooked. I’ll never forget waiting for some time after a poor play and hearing the team turn over and cheer for the home room.

Coach Ron Karlson said, "We have to teach them to do better." That’s something the Flames had forgotten about on the field.

Sound can’t be the only changing the Flames are facing. Next season Karlson will be bringing in his own recruiting class. The Lady Flames soccer team lost to Wake Forest University Saturday night in the 71st minute of their loss to the three champions. Coach Price showed optimism for the future of the team and praised the turn around of the team.

"We’ve come a long way in the four years I’ve been here," Price said. "I’m very happy here, and we’re going to be a long way to go." The Lady Flames finished the season with a 7-3 record, which was canceled because of rain. On the boards there has been a noticeable change as well. Last season the Flames kind of remind me of what a team to be reckoned with. But as the game rolled on the Flames made some adjustments and played all the good college games on the schedule.

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