Thousands gather to bathe campus in prayer

By Jennifer Schmidt

As the sun began to break upon Liberty Mountain, a group of roughly 40 students entered the courtyard. Though the clock was edging closer to 6 a.m. on Saturday and the annual All Night of Prayer was nearing completion, students continued to arrive and join with those already present. Scattered all throughout the Schilling Center, its outside perimeter and the various nooks and crannies of the DeMoss courtyard, students were praying.

David Babb, Director of the Office of Student Leadership (OSL), estimated that over 3,000 students came throughout the night and early morning to pray.

"When I walked around at 7 a.m., there were three groups praying," said Carson. "God hears the prayers of His people. We are coming together like a movement to film that we are seeking Him. I love walking around the various groups and hearing the sincere prayers of His people," said Carson.

Inside Schilling, the sound of singing gently echoed where various choirs and ensembles of the DeMoss courtyard, students were singing.

Despite Carson, Director of the Office of Student Leadership (OSL), estimated that over 3,000 students came throughout the night and early morning to pray.

"When I walked around at 7 a.m., there were three groups praying," said Carson. "God hears the prayers of His people. We are coming together like a movement to film that we are seeking Him. I love walking around the various groups and hearing the sincere prayers of His people," said Carson.

Inside Schilling, the sound of singing gently echoed where various choirs and ensembles of the DeMoss courtyard, students were singing.

SHANE & SHANE SPILL EMBARRASSING MOMENTS AND MORE IN AN EXCLUSIVE INTERVIEW - PLEASE SEE PAGE A6
New advising requirements lessen student visits to CASAS

By Jenni Thomas

Beginning this year, most students are no longer required to visit campus miniature career advisor (PA) every semester concern-

ing their academic progress. Students are still encouraged to meet with their career advisor, but the new policy allows for more flexibility in the advising process.

According to Dr. Brian Yates, Director of Advising, the new policy allows students to schedule appointments with their career advisor and eliminate the traditional spring visit. Students may choose to visit their career advisor and complete the advising requirement virtually through a video conference.

The new advising policy puts more re-

A little bit before the Reber Thomas Dining Hall grand opening, another cam-

The new advising requirements allow students to make an appointment with their career advisor at any time during the semester. This flexibility allows students to meet with their career advisor as needed and complete the advising requirement at their own convenience.

The new advising policy is designed to provide more flexibility for students and allow them to meet with their career advisor at a time that works best for them. This approach recognizes that students have different needs and priorities, and the new policy allows them to meet with their career advisor in a way that is most convenient for them.

The new advising policy is also designed to reduce the number of student visits to CASAS, the Career Advising and Support Services office. By reducing the number of student visits, the new policy helps to streamline the advising process and improve the overall student experience.

The new advising policy is designed to provide more flexibility for students and allow them to meet with their career advisor at a time that works best for them. This approach recognizes that students have different needs and priorities, and the new policy allows them to meet with their career advisor in a way that is most convenient for them.

The new advising policy is also designed to reduce the number of student visits to CASAS, the Career Advising and Support Services office. By reducing the number of student visits, the new policy helps to streamline the advising process and improve the overall student experience.

The new advising policy is designed to provide more flexibility for students and allow them to meet with their career advisor at a time that works best for them. This approach recognizes that students have different needs and priorities, and the new policy allows them to meet with their career advisor in a way that is most convenient for them.

The new advising policy is also designed to reduce the number of student visits to CASAS, the Career Advising and Support Services office. By reducing the number of student visits, the new policy helps to streamline the advising process and improve the overall student experience.
Light ministries announces missions opportunities

By Mitchell Malcheff

Light Ministries kicked off another year of classes by announcing a slate of 13 short-term missions that will take place over the Christmas, spring and the longer summer break. The trips include a diverse mix of locations spanning Europe, Africa, Asia and America. Costs for the trips range from $2,100 to $3,200 depending on the location and length of the campaign.

Campus Pastor Johnnie Moore summed up the purpose for the trips as he welcomed those in attendance at a Tuesday meeting where he said, “Missionaries is the cornerstone of the Christian life.”

Joy Peresich, campaign coordinator for Light Ministries and a veteran of six short-term trips, said that the purpose for the trips is to first and foremost to spread the Gospel but also to aid missionaries already in the field and to give students an opportunity to see what life is like on the mission field. He said, “We partner closely with different agencies and jobs wherever is already there to give the students a realistic look at life on the mission field.”

He also listed expenses and education for the students as two key goals of Light Ministries. After hearing about the different trips, freshmen Amber Beck said that she was leaning towards going to France and North Africa because of a previous trip she had taken there, that she enjoyed immensely. She said, “I love France and the people there.”

Sophomore Rachel Brownell echoed Beck’s sentiments about France and expressed her desire to learn more about the Berbers, an indigenous people group of North Africa numbering around 40 million that Light will be ministering to. She said she was eager to “get to know the Berbers people at the mission.”

This year’s trips offer unique opportunities that cater to different interests. Students interested in medical missions, street evangelism, teaching English and even spreading the Gospel through basketball all find a place where their distinctive talents can best be utilized.

Those that are handy with a pair of pliers may find themselves jetting off to North Africa to help reupholster a children’s home. A Light Ministries trip two years ago to the same area saw students and missionaries pull over 500 teeth.

Whatever an individual’s preference may be, Light Ministries has put together a fantastic collection of short-term trips that promise to deliver both excitement and more importantly, as Moore stated in his opening comments, these trips will give students a good idea of what the Christian life is all about and serve the purpose of fulfilling the Great Commission.

Contact Mitchell Malcheff at mjmalchell@liberty.edu.

Song of Solomon Conference

Tickets will be on sale after convos (M,W,F) Wednesday, Aug 29 until Friday, Sept 28 in section 102. Student tickets are $20 only!!!

Launch

Thursday, September 20, 2007
5:30pm to 10:00 pm in DeMoss Hall Grand Lobby

A church planting mini-conference hosted by the Liberty Center for Church Planting and the North American Mission Board. The conference is free, and pizza/drinks/snacks will be provided at 6:30 pm. Church planting mini-conference info: Event 2394 and 2 LU alumni church planters, Randy Smith and Jimmy Carroll. Both a basic and an advanced track will be offered, so whether students are just beginning their investigation of church planting or are already investigating the possibilities, the program will be beneficial.

Register by e-mailing name, student classification, geographic area of interest (if any) to churchplanting@liberty.edu.
We said, "The court reduces the perception that the college is unfair and unimportant. The student involvement will diminish the assumption that the RAs (Residents Assistants) and RDs (Resident Directors) are unfair."
The Write Way to See It

By Jen Stillwater, Copy Editor

Political apathy: Who cares?

"My parents had brought me, like most newcomers on the hall, with the essentials for college life: matching dorm supplies, the family minivan and a box of Kleenex.

It'll be honest. When I first got here, Liberty scared me. The sigh of my new dorm's walls being covered with giant, construction-paper cut-outs of fruit was enough to make anyone depressed and, when very happy with my new dorm I'd just change, the halls and the whole place would be too complicated. That feeling was crushed, so I am now the leader of my family. I'm still sad, not because I was too scared or because I missed them, but because a big log that was creating up my favorite bedding and onto my stuff, there was the creepiest thing I've ever seen in my life. We don't have bugs like that in New York, so it's odd for them, and they die.

I'll be honest. When I first got here, Liberty scared me. The sigh of my new dorm's walls being covered with giant, construction-paper cut-outs of fruit was enough to make anyone depressed and, when very happy with my new dorm I'd just change, the halls and the whole place would be too complicated. That feeling was crushed, so I am now the leader of my family. I'm still sad, not because I was too scared or because I missed them, but because a big log that was creating up my favorite bedding and onto my stuff, there was the creepiest thing I've ever seen in my life. We don't have bugs like that in New York, so it's odd for them, and they die.

The highlights of my first week at school were: every night I checked my email to see how was I finished and what I should to be able to spend the presenting. The day I went around and around around to RLX, wondering how could I be such a girl who could also be such a boy. For now, I don't see myself as a boy, I still feel good, like trying to do these things. Like any good law-abiding citizen, I was taking a left and a right to turn around on the road while the people with hunting stickers were making drivers everywhere. Apparently that's legal around here.

So, I was armed for a while. I didn't really know what is 2005 and I was found that I went into the hall, one might try to direct my spiritual life, or one of those prayer leader people would try to teach me how to pray (which I thought I did well already). More than that, though, I was tired of making new friends in free places, and I thought it wouldn't be very fair if I just stayed alone.

The death of democracy is not likely to be an erosion from apathy, indifference and undermindedness. — Robert Hoggard Hutchins

The death of democracy is not likely to be an erosion from apathy, indifference and undermindedness.

The death of democracy is not likely to be an erosion from apathy, indifference and undermindedness.

The death of democracy is not likely to be an erosion from apathy, indifference and undermindedness.

The death of democracy is not likely to be an erosion from apathy, indifference and undermindedness.
Shane & Shane reveal their heart for ministry and more

By Natasha Kormanik

Two of Christian music’s top artists, Shane and Shane, shouted out their passion for Christ when they brought their mix of modern folk and acoustic pop to the TRBC sanctuary on Aug. 30, much to the enjoyment of the fans in attendance.

Pulled from the pages of Shane Barnard’s journal, the duo’s newest album, “Pages,” softens a personal re-evaluation, reflecting the thoughts and prayers closest to their hearts.

This new project truly left them vulnerable as their hearts are literally transcribed from the pages of a journal to the open criticism of all who hear.

In their interview, they discuss their newest album, recall some funny memories and even address some important issues facing teens today, giving advice for the future.

Shane E: The last studio project was about three years ago. Now, we’re getting older, life is changing, and it all plays a huge part of what we put into the album. Every CD is a reflection of where we’ve been at a different time, and this is the closest thing to our heart.

Shane B: This is a little bit more diverse – stylistically, I used the pages of my journal for this one.

What songs echo your heart the most?

Shane E: My favorite is “Before the Throne of God.” I love singing it because of the lyrics. As for this newest album, it would have to be “Beg.” It references God’s greatest commandment, and it asks God to give us what we can’t give.

Shane B: I don’t know, they all came from an honest heart, but “Vision of You” perhaps – it’s a confession of our inability and a declaration of His ability to change hearts.

What is the hardest thing about touring? Do you ever get tired of it?

Shane E: Just traveling, though my family does come with us ever since Olive has been born.

Shane B: It would have to be inconsistency. You go to bed at a different hour and wake up at a different hour. Yeah, I definitely get tired of touring.

What would you say to those LU students who grew up in Christian homes and have attended Christian schools for most or all of their lives? Shane B, you said on your Web site, “Maybe I was too good to know God.” Can you expand on that?

Shane B: Morality was my God. That’s usually what Jesus was confronting. From this book you find Him. There’s a danger when you stop adhering to the Word of God. It depends where your heart is. Don’t be afraid of pursuing Christ inside of your gifting, no matter the cost.

Shane E, you had a different history in your spiritual journey. How does this add to the dynamic of your—shape?—

Shane E: I got saved right before we started doing this. I was working in real estate at the time, and so now I get to use my education and experience. Shane B helps more with the artistic side.

On a fun note, can either of you tell me your most embarrassing moment?

Shane E: I can’t tell you any of mine. Maybe I can tell you one of (Shane) B’s, off-the-record.

Shane B: Well, I can’t tell you any of mine, but I can tell you one of (Shane) E’s. Right in the middle of the concert, I said “So why don’t the monks and the nuns hang out together?” Well, it was pretty embarrassing. There were some monks and nuns there – it was kind of like a monastery.

For more information on Shane and Shane, visit their Web Site, www.shaneandshane.com, or check out www.christianitytoday.com.

Contact Natasha Kormanik at nnkormanik@liberty.edu.
Defense shines, Flames roll in 38-14 trouncing of Tusculum

By Thomas Lawrence

The Liberty Flames football team opened its season in front of 14,615 fans, the largest home-opening crowd in school history, with a win against the Tusculum University Pioneers of Greenville, Tenn. 38-14. The win came despite a shaky performance by the passing game which netted just 149 yards and an average that was a mere 4.5 for the third down as a unit. It’s a good win, but I think that obviously we need to play better,” said second-year head coach Danny Rocco.

The Flames opened their 2007 campaign with a flurry of confidence regarding their ability to produce a winning game. In the final two contests, junior quarterback Brock Smith threw for a combined 278 yards and no interceptions. “Some of the things that the kind of showed their ugly head last year is being again right tonight, and that was disappointing,” Rocco said. “It’s good to get the shut out this game,” said Smith. “Overall, it was a good victory; we could have done a lot better.”

The Flames broke the game open on the opening possession, with a 33-yard field goal by senior Josh Greenbaum, which was set up by a 29-yard completion from Smith to wide receiver Brandon Terrell. Though the Flames had trouble moving the ball through the air, the running game got off to a hot start thanks to junior Zach Terrille’s 36-yard burst on the Flames’ second possession. “That was a confidence builder right there,” Rocco said. “I was getting frustrated, I couldn’t get anything on that play, I got through. There were holes there, I just had to find them.”

Terrille and sophomore Wes Cheek combined for 179 yards on the ground and three scores to help the Flames to victory despite the absence of junior running back Brandon Jennings, who according to an article in the News and Advance is sitting out due to a foot injury. Velaside said he was able to get the ball up the middle with consistency and wear down the opposing line. Though Liberty held the ball for only 39 minutes, they were able to pound the ball up the middle with consistency and wear down the opposing line.

While the offense struggled throughout the night, the defense was outstanding, forcing two turnovers and four interceptions on the night.

*(Use four columns: 4th, Football, Volleyball, Cross Country)*

---

Men’s soccer begins season with shutout of Mount Vernon

By William Armstrong

After being picked to finish third in the 2007 Big South Preseason Poll, the Liberty University men’s soccer team opened their season with a bang by shutting out the Mount Vernon Nazarene Cougars 3-0 on Saturday.

Mount Vernon Nazarene Cougars opened their season in the 2007 Big South Preseason 38-14 trouncing of Tusculum son’s squad. Headlining the offense is a solid core of players from last season’s squad. Returning leading scorer senior Darryl Roberts and developmental League as a member of the Pennsylvania Lions, this summer, led the Flames attack with a free kick from the top of the box opened with the Flames pressur­

ing and working the ball around the defense. Liberty’s constant pressure and creative plays led to a free kick from the top of the box which opened the scoring just 29sec into the game.

for most of the first game until the Terriers went on a 12-0 run to defeat the Flames 30-21. Liberty came back full force during the second game with strong serving and hitting. Taking advantage of a Maryland service error, freshman Miki Scipio served for nine straight points to help the Flames take the match 15-11 with a score of 30-21.

The third game proved to be much closer ending with Liberty prevailing 29-27.

Please see MEN’S SOCCER, 83

Lady Flames tested at VCU Invitational

By Anjani Salonen

After finishing runner-up at the Liberty Invitational, the women’s volleyball team sought to improve their record this past weekend at the Virginia Commonwealth University (VCU) Invitational in Richmond. Playing another three matches in two days, the Lady Flames looked to develop consistency and wear down the opposition. While the offense struggled throughout the night, the defense was outstanding, forcing two turnovers and four interceptions on the night.

*(Use four columns: 4th, Football, Volleyball, Cross Country)*

---

Lady Flames test...
HAND(Y)-PICKED:
Bauman chosen to lead Flames hockey team

By Will Luper

The Liberty Flames hockey team announced Aug. 10 that they have found their captains for the upcoming season. Sophomore Zac Bauman will step up and wear the "C" for the Flames to lead them through the 2007-2008 season.

"It's exciting, yet challenging," said Bauman. "You can't ever take a day off!"

Although Bauman is playing in only his second year with the Flames, he has already earned the respect of his teammates and the trust of the coaching staff with his strong play last season. Assistant Head Coach Jeff Boettger said, "You've got to have captains that believe in the team, and Zac will be our perfect guy.

After a relatively quiet first half of last season, Bauman was placed on a line with junior John Langbehn and sophomore Kyle Dobson. Most of his 35 points (29 goals, six assists) came during the second part of the 2006-2007 campaign.

"With really acquired everyone with how much he produced late year," said junior defenseman Adam Konop. "If one person can keep us motivated, it'll be Zac!"

Head Coach Kirk Handy, said, "I think Zac has the respect of the coaching staff and the fellow players due to his ability to play the game, but also his leadership and his work ethic."

According to Bauman, his eyes are on winning the national championship in Madison, but he is keeping it in perspective. While some may find it difficult to this body-check and blow away the rest of the night. Terrell scampered into the end zone to give Jackson a chance to redeem himself following his previous punt return mishap. He took full advantage, this time returning the ball to the Flames 24-yard line.

"I just threw it up and let him run under it," said Handy. "It's just something you do sometimes.""You've got to have captains that believe in the team, and Zac will be our perfect guy."

“Zac’s active role (as captain) will start as early as Sept. 21,” said Handy. "He will set the atmosphere of the first line and see that everyone is ready to go!"

Bauman will take to the ice for his first regu- season game as captain on Sept. 21 against the University of Marylands Baltimore Campus. Tickets are available for purchase at the Gabley Ice Center, including discounted season tickets for Liberty students and faculty.

"It’s a solid chance," said Handy. "It’s a huge task, but I think Zac’s going to prove it once the puck drops and the 2007-2008 season begins."

Contact Will Luper atwluper@liberty.edu.

FOOTBALL: Flames overcome sluggish first quarter, win season opener

Carolinian: Football, 81

Delivering the biggest blow of the evening was junior linebacker Nick Hursky, who led the Flames with 13 tackles against Long Island University's Blue and White Game. Hursky's efforts led to a second-quarter fumble recovery by Dan Young.

The Flames then went up 7-3 after senior quarterback Brandon Higgs connected with senior wide receiver Chris Price for a 24-yard completion. The Flames defense was able to limit the Great Danes' passing game to just 117 yards.

However, the Flames were unable to take advantage of this early lead, as they were held to just 10 points in the first half. They would not fall behind again. The Flames then went up 24-7 after senior running back Corey Russell. At the time, Liberty was trailing 7-3. They would not fall behind again. The Flames defense in a solid effort. Liberty held the Pioneer passing game to just 117 yards.

The Flames then went up 24-7 after senior running back Corey Russell. At the time, Liberty was trailing 7-3. They would not fall behind again. The Flames defense in a solid effort. Liberty held the Pioneer passing game to just 117 yards.

"My dad played hockey, and we lived in Canada," said Handy. "It's just something you do up there," he said, laughing.

"The first half of his hockey career, Bauman actu- ally played defense. One day, though, his coaches put him on as an offensive line. He did well, and the coaches left him there. Bauman said he's "been loving it ever since."

Hurst had a starring role before his hockey career. Handy knows what it takes to be a leader.

"Senior Aaron Mackenzie said, "He's one of the hardest working guys in the team. He shows that on and off the ice, and (he's) not just in his athlet- ics, but also his academics and his leadership."

According to Bauman, his eyes are on winning the national championship in Madison, but he is keeping it in perspective. While some may find it difficult to this body-check and blow away the rest of the night. Terrell scampered into the end zone to give Jackson a chance to redeem himself following his previous punt return mishap. He took full advantage, this time returning the ball to the Flames 24-yard line.

"I just threw it up and let him run under it," said Handy. "It's just something you do sometimes."

But the hard-worked senior Flames Wynton Jackson to fumble attempt off the foot of Greenbaum. Liberty zone thanks to a two-yard rush by running back Corey Russell. At the time, Liberty

"Hurst had a starring role before his hockey career. Handy knows what it takes to be a leader.

"Senior Aaron Mackenzie said, "He's one of the hardest working guys in the team. He shows that on and off the ice, and (he's) not just in his athlet- ics, but also his academics and his leadership."

According to Bauman, his eyes are on winning the national championship in Madison, but he is keeping it in perspective. While some may find it difficult to this body-check and blow away the rest of the night. Terrell scampered into the end zone to give Jackson a chance to redeem himself following his previous punt return mishap. He took full advantage, this time returning the ball to the Flames 24-yard line.

"I just threw it up and let him run under it," said Handy. "It's just something you do sometimes."
TUESDAY, September 4, 2007 PAGE B3, Liberty Champion

MAN UP — Junior Joshua Boateng defends Mount Vernon Nazarene's Tyler Warwick during Saturday's contest. The Flames will next take dog" and instantly transform from

Eric Brown

BROWN'S BEATDOWN.

Very few can pull off an "Under- dog" and instantly transform from

The Flames controlled most of the

Take college basketball, for example — the Universities of Michigan, Connecticut, Kentucky, OU, and now Memphis, plus about 90 other teams are vying for some kind of recognition. The de-

troom. A team that goes the

Eric Brown

W e l l , j u d g i n g b y c o l l e g e f o o t b a l l ' s

North Carolina entered its way back into the championship spotlight by

SCORES.

www.libertyflames.com

Eric Brown

MEN'S SOCCER: Flames prevail in home opener

Bumbot quickly placed the ball
downaftertheofficialssignaled

Eric Brown

BNKSHPANIK RAFAC.

Eric Brown

Eric Brown

Eric Brown

Eric Brown

Eric Brown

Eric Brown

Eric Brown

OK, I'M NOT SAYING "OH, THEY WERE AWESOME," BUT

Eric Brown

Eric Brown

Eric Brown

Eric Brown

Eric Brown

Eric Brown

Eric Brown

Eric Brown

Eric Brown

Eric Brown

Eric Brown

Eric Brown
VOLLEYBALL: Liberty eves record at 3-3, Maryland wins tourney

PAGE B4, Liberty Champion

By JeMica Carniol

SPORTS REPORTER

ihq.q.p is open 24/7

NOW HIRING!!!

in a comeback as the game was called due to lightning. Maryland won the battle at the net by securing 13 blocks, holding Liberty to 10. Katie Oher led the Terps with eight kills, while Mary Beth Brown was closely behind with seven. Maryland had a very competitive volleyball.

Liberty's last match, only four hours after victory, was against host team VCU. The Flames ran out of steam and lost 3-0 (25-20, 23-25, 25-20). Jessica Ojiefwui led VCU with 13 kills, Bacon led the Flames with 12 kills while Webster and Sanders had 10.

Contact Anjani Salonen at asalonen@liberty.edu.

Lady Flames soccer falls to No. 19 Clemson 4-0

By Jessica Carniol

The Liberty University Lady Flames soccer team's solid first half play was not enough to keep them from falling to the No. 19 ranked Clemson Lady Tigers in their non-conference opener in Clemson, S.C. on Friday evening.

Sixty and eighty people watched in almost 90-degree heat as Clemson took an early lead in the game and never relinquished. The Lady Tigers scored two goals each in each half and the Lady Flames were unable to mount a comeback as the game was called due to lightning.

Liberty's only two goals came in the first half, as trailing 2-0 heading into the break. Junior Amy Oberlin and senior Rachel Hetrick were also able to attempt shots on goal within the first five minutes of the game. Junior Amy Oberlin and senior Rachel Hetrick were able to also attempt shots on goal in the first half.

However, minutes into the game, Clemson senior Sterra Zufia found the net for her first goal of the season off a crossing game. Junior Alysson Sanders, stepped up their hitting from a dismal -.043 percentage to .342 and won the fourth game. The Lady Flames extra effort sent the match into a fifth game for the second time in less than 24 hours. This time, however, had a different outcome.

Phelan said, “With a young team coming into the fourth game, the match could have gone either way, but we came through, hitting .324 and leaving them 0-2 in the fifth game. I was proud of that. That’s a great win.”

Sanders was quickest to be on the court this past weekend, her most significant playing time this season.

“It was encouraging to go on the court after battling injury all preseason waiting for a diagnosis on my knee,” said Sanders. “As an athlete, watching practice is always tough. This weekend it was great to get on the court, my confidence back, be able to contribute to my team and put balls away.”

Sophomore Kalli Currie finished the match with an astounding 55 assists. The Lady Flames continued their balanced offense and had three players with double-digit kills - McCarty with 14, Bacon with 13 and Nelson with 10. Junior Brown essentially ran George Washington’s offense and finished with a kill.

Contact Anjani Salonen at asalonen@liberty.edu.

Lady Flames soccer falls to No. 19 Clemson 4-0

By Jessica Carniol

The Liberty University Lady Flames soccer team's solid first half play was not enough to keep them from falling to the No. 19 ranked Clemson Lady Tigers in their non-conference opener in Clemson, S.C. on Friday evening.

Sixty and eighty people watched in almost 90-degree heat as Clemson took an early lead in the game and never relinquished. The Lady Tigers scored two goals each in each half and the Lady Flames were unable to mount a comeback as the game was called due to lightning.

Liberty's only two goals came in the first half, as trailing 2-0 heading into the break. Junior Amy Oberlin and senior Rachel Hetrick were also able to attempt shots on goal within the first five minutes of the game. Junior Amy Oberlin and senior Rachel Hetrick were able to also attempt shots on goal in the first half.

However, minutes into the game, Clemson senior Sterra Zufia found the net for her first goal of the season off a crossing game. Junior Alysson Sanders, stepped up their hitting from a dismal -.043 percentage to .342 and won the fourth game. The Lady Flames extra effort sent the match into a fifth game for the second time in less than 24 hours. This time, however, had a different outcome.

Phelan said, “With a young team coming into the fourth game, the match could have gone either way, but we came through, hitting .324 and leaving them 0-2 in the fifth game. I was proud of that. That’s a great win.”

Sanders was quickest to be on the court this past weekend, her most significant playing time this season.

“It was encouraging to go on the court after battling injury all preseason waiting for a diagnosis on my knee,” said Sanders. “As an athlete, watching practice is always tough. This weekend it was great to get on the court, my confidence back, be able to contribute to my team and put balls away.”

Sophomore Kalli Currie finished the match with an astounding 55 assists. The Lady Flames continued their balanced offense and had three players with double-digit kills - McCarty with 14, Bacon with 13 and Nelson with 10. Junior Brown essentially ran George Washington’s offense and finished with a kill.

Contact Anjani Salonen at asalonen@liberty.edu.

Lady Flames soccer falls to No. 19 Clemson 4-0

By Jessica Carniol

The Liberty University Lady Flames soccer team's solid first half play was not enough to keep them from falling to the No. 19 ranked Clemson Lady Tigers in their non-conference opener in Clemson, S.C. on Friday evening.

Sixty and eighty people watched in almost 90-degree heat as Clemson took an early lead in the game and never relinquished. The Lady Tigers scored two goals each in each half and the Lady Flames were unable to mount a comeback as the game was called due to lightning.

Liberty's only two goals came in the first half, as trailing 2-0 heading into the break. Junior Amy Oberlin and senior Rachel Hetrick were also able to attempt shots on goal within the first five minutes of the game. Junior Amy Oberlin and senior Rachel Hetrick were able to also attempt shots on goal in the first half.

However, minutes into the game, Clemson senior Sterra Zufia found the net for her first goal of the season off a crossing game. Junior Alysson Sanders, stepped up their hitting from a dismal -.043 percentage to .342 and won the fourth game. The Lady Flames extra effort sent the match into a fifth game for the second time in less than 24 hours. This time, however, had a different outcome.

Phelan said, “With a young team coming into the fourth game, the match could have gone either way, but we came through, hitting .324 and leaving them 0-2 in the fifth game. I was proud of that. That’s a great win.”

Sanders was quickest to be on the court this past weekend, her most significant playing time this season.

“It was encouraging to go on the court after battling injury all preseason waiting for a diagnosis on my knee,” said Sanders. “As an athlete, watching practice is always tough. This weekend it was great to get on the court, my confidence back, be able to contribute to my team and put balls away.”

Sophomore Kalli Currie finished the match with an astounding 55 assists. The Lady Flames continued their balanced offense and had three players with double-digit kills - McCarty with 14, Bacon with 13 and Nelson with 10. Junior Brown essentially ran George Washington’s offense and finished with a kill.

Contact Anjani Salonen at asalonen@liberty.edu.

Lady Flames soccer falls to No. 19 Clemson 4-0

By Jessica Carniol

The Liberty University Lady Flames soccer team's solid first half play was not enough to keep them from falling to the No. 19 ranked Clemson Lady Tigers in their non-conference opener in Clemson, S.C. on Friday evening.

Sixty and eighty people watched in almost 90-degree heat as Clemson took an early lead in the game and never relinquished. The Lady Tigers scored two goals each in each half and the Lady Flames were unable to mount a comeback as the game was called due to lightning.

Liberty's only two goals came in the first half, as trailing 2-0 heading into the break. Junior Amy Oberlin and senior Rachel Hetrick were also able to attempt shots on goal within the first five minutes of the game. Junior Amy Oberlin and senior Rachel Hetrick were able to also attempt shots on goal in the first half.

However, minutes into the game, Clemson senior Sterra Zufia found the net for her first goal of the season off a crossing game. Junior Alysson Sanders, stepped up their hitting from a dismal -.043 percentage to .342 and won the fourth game. The Lady Flames extra effort sent the match into a fifth game for the second time in less than 24 hours. This time, however, had a different outcome.

Phelan said, “With a young team coming into the fourth game, the match could have gone either way, but we came through, hitting .324 and leaving them 0-2 in the fifth game. I was proud of that. That’s a great win.”

Sanders was quickest to be on the court this past weekend, her most significant playing time this season.

“It was encouraging to go on the court after battling injury all preseason waiting for a diagnosis on my knee,” said Sanders. “As an athlete, watching practice is always tough. This weekend it was great to get on the court, my confidence back, be able to contribute to my team and put balls away.”

Sophomore Kalli Currie finished the match with an astounding 55 assists. The Lady Flames continued their balanced offense and had three players with double-digit kills - McCarty with 14, Bacon with 13 and Nelson with 10. Junior Brown essentially ran George Washington’s offense and finished with a kill.

Contact Anjani Salonen at asalonen@liberty.edu.

Lady Flames soccer falls to No. 19 Clemson 4-0

By Jessica Carniol

The Liberty University Lady Flames soccer team's solid first half play was not enough to keep them from falling to the No. 19 ranked Clemson Lady Tigers in their non-conference opener in Clemson, S.C. on Friday evening.

Sixty and eighty people watched in almost 90-degree heat as Clemson took an early lead in the game and never relinquished. The Lady Tigers scored two goals each in each half and the Lady Flames were unable to mount a comeback as the game was called due to lightning.

Liberty's only two goals came in the first half, as trailing 2-0 heading into the break. Junior Amy Oberlin and senior Rachel Hetrick were also able to attempt shots on goal within the first five minutes of the game. Junior Amy Oberlin and senior Rachel Hetrick were able to also attempt shots on goal in the first half.

However, minutes into the game, Clemson senior Sterra Zufia found the net for her first goal of the season off a crossing game. Junior Alysson Sanders, stepped up their hitting from a dismal -.043 percentage to .342 and won the fourth game. The Lady Flames extra effort sent the match into a fifth game for the second time in less than 24 hours. This time, however, had a different outcome.

Phelan said, “With a young team coming into the fourth game, the match could have gone either way, but we came through, hitting .324 and leaving them 0-2 in the fifth game. I was proud of that. That’s a great win.”

Sanders was quickest to be on the court this past weekend, her most significant playing time this season.

“It was encouraging to go on the court after battling injury all preseason waiting for a diagnosis on my knee,” said Sanders. “As an athlete, watching practice is always tough. This weekend it was great to get on the court, my confidence back, be able to contribute to my team and put balls away.”

Sophomore Kalli Currie finished the match with an astounding 55 assists. The Lady Flames continued their balanced offense and had three players with double-digit kills - McCarty with 14, Bacon with 13 and Nelson with 10. Junior Brown essentially ran George Washington’s offense and finished with a kill.

Contact Anjani Salonen at asalonen@liberty.edu.
By Kayla Webb

It is 4 a.m., and while most of her customers are sleeping, Bernadette Christian, owner of Bernadette’s Take Out, is hard at work in her kitchen preparing the food she will be serving that day. If she were Wednesday, they would be eating fried chicken, beet salad, string beans and a roll. Followed by a glass of her true Southern sweet tea. If they were still hungry or just could not resist, they might also enjoy a delicious slice of Bernadette’s Cream Cheese Pie topped with luscious red strawberries.

Starting with just a calculator and a cashbox, she soon felt the need to make her first investment—a cash register.

Tuesday through Thursday from 11 a.m. to 5 p.m., this cafeteria worker can be found working hard in her little building located downtown on the corner of Fifth and Park avenues. She is always quick to greet her customers, most of whom she knows by name or face. No one knows Bemadette’s unnoticed, because for this lively woman, knowing and pleasing customers is a top priority.

A friend who spent time working with Bernadette during the summer once commented, “Sister Bernadette, you give people too much food.” To this Bernadette insisted, “I do not. I know I like to get my money’s worth.”

Perfect for college students, at about $5 the food is cheap, tasty and cleanup is done in large portions.

The one common trait her customers hold is their enjoyment for her delicious food. Since being featured in the News and Advance, her business has really picked up. “I’ve had customers from all over as Alleghany and Monticello County,” said Bernadette with genuine shock.

And, soon after 77 years of working at the Central Virginia Training Center as a charge aid for the mental center, Bernadette made the decision that it was time for something new.

Finally, after a year of searching for a location, Bernadette found the perfect spot. Located downtown near the Liberty University campus, Bernadette’s food can be found just past The Souvenir Shop on the corner of Fifth and Park avenues.

The number of flip-flops on campus has increased dramatically since the start of the school year. According to the most recent available report, the number of flip-flops has increased by 50% since the start of the school year.

Most students are unaware that flip-flops cause any harm to the body. In addition, many students are not aware that flip-flops can lead to more serious problems such as broken toes and joint pain.

Contact Miranda Canady at mwcanady@liberty.edu.
By Christie Meuer

Lynchburg, Virginia — adventure town? The September issue of the National Geographic magazine says Lynchburg is one of the top 50 adventure towns in the United States.

Surrounded by mountains and forests, the location offers many recreational activities in which students of Liberty University and residents of Lynchburg can engage. So why do Liberty University students say Lynchburg is boring?

According to the National Geographic article, which highlighted the top 50 adventurous towns in America, a 100-mile radius full of forests, national parks and recreational areas surrounds Lynchburg. Climbing to Sharp Top, Flat Top or Harkening Hill provides glimpses of the Blue Ridge Parkway, according to the National Geographic magazine. Along with hiking through the Peaks of Otter, another perk of Lynchburg is the James River, which runs through Lynchburg's downtown and is accessible from many trails.

According to the Lynchburg Life magazine, walkers and bikers can explore the trails, which start in downtown Lynchburg, cross Percival's Island and end in Amherst County. Bikes can be obtained at the head of the bike trail, which is located near the Kemper Street Station. Bikes and canoes are also available at Percival's Island for a fee.

In addition, the Lynchburg area provides a variety of places to fish. According to the Lynchburg Life magazine, the James River is known to have a small-mouth bass population and the waters of the Blue Ridge Parkway contain rainbow, brown and native brook trout.

Another fun alternative offered only 40 miles away is Smith Mountain Lake, where people can enjoy fishing, boating, jet skiing and swimming. Smith Mountain Lake and Leesville Lake hold two of the state of Virginia's records for freshwater fish.

As reported by the Lynchburg Life magazine, Wintergreen Ski Resort, located in Nelson County, is Virginia's largest ski resort.

When asked about Lynchburg's opportunities for adventure, senior Blake Riber said, "Lynchburg, Virginia is a superb place for outdoors men and athletic enthusiasts to engage in hiking and biking."

Among some of the places Riber has enjoyed throughout his three years at Liberty are Blackwater Creek, Appalachian Trail and Liberty Mountain trails.

Riber said, "Lynchburg is a great place if you are interested in outdoor activity."

Contact Christie Meuer at cbmesser@liberty.edu.