FOLLOW ME:

FOLLOWING JESUS WITH OUR HEAD, HEART, HANDS & FEET

By

Vincent Dodge Frampton

Liberty University

A MASTER’S THESIS PRESENTED IN PARTIAL FULFILLMENT

OF THE REQUIREMENTS FOR THE DEGREE OF

MASTER OF ARTS IN MUSIC AND WORSHIP

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March, 2020
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Chapter I: Introduction

Welcome to Cornerstone Church of Grand Rapids, Michigan! We are not the only “Cornerstone Church” in Michigan, let alone the rest of the country. We are a multisite church that has three campuses in what is known as the Greater Grand Rapids Area: the 84th Street campus in Caledonia, the Heritage Hill campus in downtown Grand Rapids, and the South Wyoming campus in Wyoming (MI). Cornerstone Church has been around for nearly 30 years, but it did not become a multisite until 2011 when they launched the Heritage Hill campus. The South Wyoming campus was added in 2015. While there are no official plans for a fourth campus, the church leadership is always looking for opportunities to plant more church campuses. It is an exciting time to be part of the ministry at Cornerstone.

Cornerstone Church is part of the United Methodist Church (UMC) and has been since it first launched. Cornerstone is the largest United Methodist church in Michigan and one of the largest and fastest growing in the country. Indeed, the UMC is one of the largest mainline protestant denominations in the world. But they are not without their troubles. In fact, the UMC has caught national headlines due to a rift between traditional and progressive values. The focus of the rift is on LGBTQ+ issues such as ordaining homosexual clergy and officiating same-sex marriages. This disagreement has become so advanced that a proposal is being submitted to the 2020 UMC General Conference to the traditionalists to break away from the church and form their own denomination.

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A unique aspect of Cornerstone Church as a multisite is we do not live stream the sermon from the main church to the other campuses. Each campus has its own dedicated pastor and worship leader. Each pastor preaches the same message, the same scripture, and the same main points but they have the freedom to do so in their own style and tell their own stories. In the same way, each worship leader will lead the same songs, but they may do so in different ways, use different words of gathering, and so forth. It is important to have that consistency throughout all campuses. The services across the campuses are the same. But they are done by different people and so have their own uniqueness.

In the same way, each Cornerstone campus has its own atmosphere, its own “vibe,” if you will. While the style and atmosphere are consistent across campuses, there are major differences. For example, the 84th street campus has nearly 1,500 weekly attenders making it—by far—the largest in size and attendance. Additionally, it the only campus to have a Saturday night service in addition to the two Sunday morning services. The weekly attendance of the other two campuses is closer to 500 attenders, each which puts the total weekly attendance near 2,500 for the entire church.

Cornerstone Church has adopted a new paradigm for discipleship, thanks to the work of our Faith Development director, Mandy Fowler. We have launched this discipleship program with a sermon and Wednesday night teaching series titled Follow Me: Following Jesus with your head, heart, hands, and feet. The idea of is discipleship is about following Jesus with our whole selves, our whole lives. Our goal is to encourage attenders to give Jesus full lordship and control over our lives in every area of our lives.

Following Jesus is intimately connected to worship. If we are disciples and worshipers of Jesus, we will obey him and do as he says: “If you love me, keep my commandments.” (John
14:15). We cannot—at the same time—worship God and disobey his commands. We cannot follow Jesus if we are not doing what he says. It might be fair to say that following Jesus is a part of worshiping Jesus and worshiping Jesus is part of following Jesus.

Chapter II: Theology of Worship

Worshiping and following Jesus requires complete surrender. Dr. Vernon Whaley instructs us that “…obedience is at the heart of worship. It is worship’s very foundation.” A person with a hard heart cannot worship God. A person cannot worship God and, at the same time, live a life of defiance and disobedience to His commands. Jesus warns believers in the Gospel of Matthew that it is impossible to worship God and other things: “No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to one and despise the other. You cannot serve both God and money” (Matthew 6:24). I think Jesus’ words are a reminder and clarification of the first commandment God gave to the Israelite people: “I am the Lord your God, who brought you out of Egypt, out of the land of slavery. You shall have no other gods before me” (Exodus 20:2-3).

The Bible often uses the word *proskuneo* to describe worship. This Greek word has several related meanings: *proskuneo* means to bow down, to prostrate oneself on the ground in reverence. One of the more interesting and visual images of *proskuneo* is of a dog licking its master’s hands. Whatever the metaphor, it seems that complete surrender and obedience to God is an important principle of worship.

Jesus teaches us about Biblical worship in John chapter 4 where he speaks to the Samaritan woman at the well. After realizing Jesus is a prophet, she turns the conversation to a

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long-held debate between Jews and Samaritans, saying “Our ancestors worshiped on this mountain, but you Jews claim that the place where we must worship is in Jerusalem.” (John 4:20). “Woman,” Jesus replied, “believe me, a time is coming when you will worship the Father neither on this mountain nor in Jerusalem. You Samaritans worship what you do not know; we worship what we do know, for salvation is from the Jews. Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks. God is spirit, and his worshipers must worship in the Spirit and in truth.” (v. 21-24). God-worshipers must worship Him with our spirits and in the truth of Jesus.

John’s record of Jesus’ words showed us how we are to worship God today. The Jews and Samaritans had known a different kind of worship, but Jesus taught the woman worship under the new covenant. It is important to note from this passage that God is seeking worshipers (v. 23). Rory Noland writes it this way, “God is the one who initiates worship. He reveals himself to us and we respond accordingly.” God has initiated worship and continually seeks out those who will worship him “in the Spirit and in truth” (John 4:23). We worship when we respond to God’s call and respond to who he is and what he has done.

The Content of Worship

True worship of God requires accurate theology. It is vitally important that the services we plan and the songs we choose speak of God with Biblical accuracy. If we are not careful in the theology in our worship, we run the risk of worshiping the wrong god, which is idolatry! Zac Hicks exhorts worship pastors by writing, “…our songs are nothing more and nothing less than

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theology enflamed, engulfing our hearts.”6 Kevin Navarro says it this way, “The words we sing will sink deep into the souls of people, and it is imperative that we have thought through what we want to communicate.”7 The songs we choose will teach theology by teaching people about God and their relationship with Him. It matters that we choose songs with right theology and right thinking about God.

True worship of God must be practiced and applied. This is why James exhorts us, “Show me your faith without deeds, and I will show you my faith by my deeds” (James 2:18). The development of our faith is not merely an exercise of the mind. Remember the theme of the ministry thesis project from the beginning: Following Jesus with our Heads, Hearts, Hands, and Feet. Jesus’ command known as the Great Commission is full of action words: “Therefore go and make disciples of all nations, baptizing the in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you.” (Matthew 28:19-20, emphasis added). Faith and worship are to be lived out in our lifestyles and in our actions.

Christians need to cultivate a worship-relationship with God both privately and corporately. The Bible is filled with people who had intimate relationships with God. Moses met with God face to face (Exodus 33:11). King David is known as a “man after God’s own heart” due, at least in part, to his authentic and intimate relationship with God as evidenced through the psalms he wrote.

There are several examples in the New Testament where Jesus spent time with his heavenly Father. The Bible doesn’t give much description of what Jesus did in the wilderness

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after his baptism. We know that he fasted for forty days and forty nights, we know he was hungry, and we know that he was tempted by the devil. I also believe Jesus spent most of that time in prayer, in conversation with the Father. The book of Matthew records that Jesus went to his Father several times in the Garden of Gethsemane (Matthew 26:39, 42, 44). Jesus demonstrated a close, personal relationship with his father.

Worship is also practiced in community. And we don’t necessarily gather ourselves. God has called his people and gathered them close to himself. Constance Cherry writes it this way, “It makes a great difference who initiates worship, for God’s call transforms church from a meeting of the minds to a meeting with the living God.” Likewise, God is always seeking people who will worship him. John 4:23 describes the worshipers God is looking for: “Yet a time is coming and has now come when the true worshipers will worship the Father in Spirit and in truth, for they are the kind of worshipers the Father seeks.” To worship God, we must worship him in Spirit, truth, and in community. God has gathered his followers and continues to gather us all over the world.

Corporate worship is evidenced throughout Scripture. When the Lord delivered the Israelites from the hand of Pharaoh in Exodus 15:19-21, the people worshiped together in song, dance, and played instruments. When Nehemiah dedicated the rebuilt wall of Jerusalem in Nehemiah 12:27-43, two large choirs led worship by singing and marching up and down the walls. According to Acts 2:42-47, Jesus followers in the Early Church would gather in their homes as well as the temple courts to worship God and enjoying each other’s company.

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The best example of corporate worship in the Bible is the description of heavenly worship as described in Revelation. Revelation Chapter 5 describes a massive worship service that happens both in heaven and on earth. The four living creatures, the twenty-four elders, thousands upon thousands of angels, and all the creatures “in heaven and on earth and under the earth and on the sea” worshiped God, saying: “Worthy is the Lamb, who was slain, to receive power and wealth and wisdom and strength and honor and glory and praise!” (Revelation 5:11-12). Dr. Vernon Whaley points out about this passage in Revelation is that we are all rejoicing “from the heart.” No one is being forced to worship. The worship of heaven is authentic.

Whaley continues to write, “…we will make music too, when we join the great company before the throne…And when we stand before the perfect Lamb of God, we won’t be able to contain ourselves either. Filled with emotion, and without reserve, we will sing to Jesus, our hearts full of love and gratitude—not bored resignation.”

We can learn from and be inspired by the worship of heaven as described in Revelation. When we worship, we join the angels and the heavens in praising God. When we sing, we join a melody of worship that has been going on since creation and will continue forevermore. Allen Ross describes it this way: “The great song of creation, a song that has not ceased since the first day the morning stars sang together, is a song that humans cannot take part in until they have learned to join triumphantly in the song of redemption.” As we plan and observe services, it is our goal as worship leaders to practice and prepare God’s people to worship as it is done in

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11 Ibid, 324.
The Structure of Worship

I don’t believe in a random order of worship. I don’t believe that chaos reigns when it comes to worshiping God. The entire Book of Genesis and the account of creation gives us substantial proof that God is ordered, planned, and organized. He doesn’t create everything at once. That would be chaotic. God took time to create. And he took great care in his creation. Genesis says enough about God for us to acknowledge that he enjoys order. The order of our worship services is likewise significant.

There are many suggested orders of worship. Many denominations have them described in detail in their books of worship such as The United Methodist Book of Worship by the United Methodist Church. Other churches and denominations do not have a suggested order of worship written down for their pastors and worship leaders. But their services do have an order, even if they use a variety of service orders or even claim to have no order of worship. Every church has an order of worship whether they realize it or not.

The most broad, simple, and Biblical order of worship is Revelation and Response. Simply put, God reveals himself to us and we respond. Constance Cherry reminds us, “Ultimately, worship is a conversation between God and God’s chosen people.”13 Examine the order of Revelation and Response. God starts the conversation. It is our choice to join the conversation or not. God has revealed himself through the Scriptures. We have the privilege of responding. God has revealed himself through his Son, Jesus and the Holy Spirit. We can respond to him by worshiping the Triune God. God has revealed himself through nature and all

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creation. We can choose to worship him, or we can choose to worship creation.\textsuperscript{14} We always have a choice in who or what to worship.

As worship leaders and pastors, we have some freedom to decide the structure of our services. There is not one Biblically mandated order of worship to follow. Worship theologians such as Robert Webber and Constance Cherry have offered the four-fold pattern: the gathering, the Word, the Table, and the Sending.\textsuperscript{15} This is a really wonderful structure to worship that finds its roots in Scripture as well as hundreds of years of church tradition. And it is completely based around God revealing himself and the response of his people. Allen Ross takes structure a step further by suggesting a sevenfold structure based on the heavenly worship that John witnessed in the book of Revelation: invitation, singing, praise, the scroll revealing the plan of God, prayer and praise psalms, congregational response, the doxology, and concluding with the final “Amen.”\textsuperscript{16} Notice that both the four-fold and sevenfold pattern are still based on revelation and response: God reveals himself and his people respond.

**Worship Style**

When discussing the style of the church’s music, worship, and atmosphere I suggest approaching it with humility and grace. Churches and even denominations have been known to split or close their doors over the so-called worship wars. [Insert church split statistics?] Church staff, families, and generations can be pitted against one another if these topics are not handled


\textsuperscript{15} Constance Cherry, *The Worship Architect: A Blueprint for Designing Culturally Relevant and Biblically Faithful Services.* (Grand Rapids, MI: Baker Academic, 2010), 46-47.

\textsuperscript{16} Allen Ross. *Recalling the Hope of Glory: Biblical Worship from the Garden to the New Creation.* (Kregel Publications: Grand Rapids, MI 2006), 481.
with humility and grace. In the next few paragraphs, I’d like to pose and discuss questions relating to style that different people might ask.

**How can I get my church to adopt contemporary worship?** Begin (and end) the conversation in humility and grace. In churches that are fighting these worship wars, there is often intergenerational conflict: the older generations prefer traditional worship and the younger generations prefer modern worship.

In 1 Peter Chapter 5, the author gives his readers instructions on how to pastor a congregation, how to deal with people and conflict, saying, “Be shepherds of God’s flock that is under your care, watching over them…” (v. 2) and reminds us to be “eager to serve; not lording it over those entrusted to you, but being examples to the flock.” (v. 3). Peter goes on to instruct, “In the same way, you who are younger, submit yourselves to your elders. All of you, clothe yourselves with humility toward one another, because ‘God opposes the proud but shows favor to the humble.’ Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time.” (1 Peter 5:5-6). Peter stresses humility. But further than that, he stresses humility “under God’s mighty hand” (v. 6). 1 Peter chapter 5 doesn’t tell us what worship style to choose but I believe it is very clear on how to approach the subject. Humility and grace go a long way to helping these tough subjects.

**What style of worship music should my new church adopt?** One of the many exciting (and perhaps, dreaded) decisions a new church has the privilege of deciding is that of worship style. Will we be traditional or modern? What kinds of songs will we sing? Do we want choirs, praise bands, or organ? The answer is that it is that there is no right or wrong worship style. The new church leadership should decide which direction they want to go. More important than style is the content and structure we’ve already discussed in this paper. One might survey the church
leadership and congregation to find out what style and songs they prefer. Create an exploratory worship committee whose task it is to listen to music, visit other churches in person and online, survey the congregation, and explore possibilities in worship.

*Is it okay to choose a church based on its worship style and atmosphere?* Yes and no. Yes, it is okay to have a preference in worship style just as it is okay to have favorite foods or colors. Every worshiper is different, and it is good that worshipers have their own preferences and tastes in worship music. As long as the content and structure to the worship music is Biblical and pleasing to God, all of God’s children do not need to like the same style of worship music or even the same songs.

On the other hand, worshipers should not treat churches like the shopping mall. Some Christians are guilty of being “church hoppers,” bouncing from one church to the next out of preference for worship style and the communicative prowess of the preacher. Unfortunately, many Christian churches have adopted the consumer-driven mentality of corporate America. When worshipers treat church like the shopping mall, they create in themselves a consumer approach to choosing a worshiping community which forces many churches to adopt a consumer approach to developing a church. It becomes a cycle of consumerism that makes church look “more like a country club or a business on Main Street than a part of Jesus’ bride.”

**Chapter III: Methods**

Planning and implementing a ministry project like this will take time, collaboration with others, and a willingness to try new ways to do ministry. This particular project has taken close to 3 months to plan and deliver. It could certainly be done in a shorter time frame. Nonetheless, it

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will require thought and organization to plan the worship services, rehearse musicians, and coordinate with the other leaders on the project.

Do not forget that working with other people is fundamental to ministry. My advice to all worship leaders is to avoid working alone. It can be natural for a worship leader to feel isolated and to plan everything themselves. But we do our best ministry in collaboration with others. I met in-person with Pastor Greg, my Onsight Evaluator 3 times and had several more conversations over the phone or internet-based conference call. I had regular meetings with Pastor Greg and Mandy (our Faith Development Director) to brainstorm and plan. These worship services were not just about music. They also included teaching and other forms of worship. It was important for me to remember that worship is not about music. Worship is for God. I also had phone and email conversations with my Project Advisor, Dr. Keith Currie. I took time to communicate via email and phone with other worship leaders and musicians to make these worship services a reality.

When COVID-19 hit in the middle of the project, the method of my project had to change. I changed the vehicle, format, time, and place of the worship services. But the goal remained the same: to help people to follow Jesus with their whole selves. The project could have ended when COVID-19 hit. There was some temptation to end the project right there and try to do a new project later in the summer or fall. But I had to adapt the project to the situation. This is a lesson we can learn moving forward: to expect and adapt to change. The place, time, and format of worship may change. It will change. What does not change is the love and truth of God and Scripture and the need for his people to meet with him in powerful ways.

**Chapter IV: Description of the Music & Worship Ministry Project**
This ministry project is unlike any that have come before it because it was interrupted by the international pandemic known as COVID-19 (the Coronavirus). COVID-19 is not the subject of this paper but it has become an important external factor in the planning, decision-making, and implementation of this project. The project began as a 5-week Wednesday night teaching series at the church where I work as a worship leader (Cornerstone Church). Three weeks into the project, COVID-19 was declared a national emergency by the President of the United States. As a result, churches began holding worship services online. All other events at my church have been cancelled or postponed.

The Wednesday Night teaching series was cancelled and will not be rescheduled. Along with my Onsight Evaluator and my Project Advisor, I made the decision to record several more worship services to be posted on Youtube.com. This did not stop the ministry project. In fact, by the grace of God, these worship videos have reached far more people than we had at the Wednesday night classes. The Wednesday Night classes were attended by approximately 30 people weekly and the numbers were declining each week we held it due to COVID-19. People were beginning stay at home rather than go out. By contrast, as of March 25 the first worship video I put out has received 133 views and the second worship video I posted has had 124 views. These worship and devotional videos have reached far more people online than they would have at the original Wednesday night class.

When the worship services were forced to go online due to COVID-19, a few things changed. Firstly, the format—how they were delivered—changed. Instead of having the worship services live and in-person, I recorded them, edited them using iMovie, and uploaded them to YouTube.com. Links to the YouTube video were sent out to the email addresses for the original
Wednesday night class and posted on my school’s Facebook page as well as my own Facebook page.

Second, my primary audience changed from the Wednesday Night class to my band students at school. I teach approximately eighty 5th-8th grade band students in a small Christian school. My secondary audiences were the school community (student families, teachers, etc.), the original Wednesday night class, my church, and friends and family. In the first three weeks of the Wednesday Night class, there were 20-30 attenders. Each video I have put out since has had well over 100 views.

Third, the length of the worship services was considerably shorter for a few reasons. Elementary and middle school students have shorter attention spans than adults. The worship services for the Wednesday Night classes were 25-30 minutes. But I purposely made the online videos 10-15 minutes. The videos naturally became more devotional style than worship services.

Despite significant change, the goal and the purpose of the music and ministry project remained the same. The purpose was to connect people to God. The music and worship were meant to come alongside the Wednesday Night teachings, prepare hearts, and unify the direction of our worship. We wanted to use various different methods of teaching, prayer, music, and worshiping God. Throughout the ministry project, we used contemplative and guided prayer, silent prayer, Lectio Divina, contemplative worship, teaching handouts, devotionals, video, song, in-person and online formats, and instrumental music to connect people with God.

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If I were to give my recommendations to a worship leader who wanted to duplicate this ministry project, I would advise three things: First, spend a lot of the time in prayer. Pray over all parts of the project—the planning, the rehearsing, the communicating, the meetings, the execution of the worship services, and the reflection afterwards. Ministry workers not only need to be ready for change, they should expect it. While the message of ministry should always focus on the Gospel of Jesus Christ, the methods and styles will change. Generations of people have different needs and live in certain times. I think one of the greatest needs of the global church is unity under the truth of Jesus.

**Part I: Wednesday Night Series at Cornerstone Church:**

**Following Jesus With Our Heads, Hands, Hearts, and Feet**

I have split the 6 weeks of the ministry project into two parts: Part I includes the first three weeks that was part of the Wednesday Night Series at Cornerstone Church. The COVID-19 executive orders forced my project to go online near the end of March 2020. Part II includes the final three weeks that were online. Weeks 4 and 5 were video devotions made for my students and families at the school where I teach. Week 6 is a music video project that I worked on with the worship leaders at my church. The service orders via Planning Center Online can be found in Appendix A. I arranged music in Finale for some of the weeks. The scores and parts for these arrangements can be found in Appendix B.

**Week 1: Heads**

**Week 2: Hearts**

**Week 3: Hands**

**Part II: Online**

**Week 4—Online Devotional**
Chapter V: Conclusions and Recommendations

Worship is often viewed as an activity that we do for God: We worship him. We sing to him. We bring the sacrifice of praise to him. But it is wrong to think of worship as a 1-way relationship. In fact, God does much of the action in worship. He has called and gathered us to worship. He reveals his Word to us through the Scriptures, the work of his Son Jesus, and the Holy Spirit. And he sends us forth into the world. While our first goal is to minister to the Lord, he also ministers to us through worship.

This worship ministry project helped people by offering several different ways to connect with God. People connected with God through song, prayer, engaging Scripture, and teachings. These methods of worship gave people hope and encouragement. The Holy Spirit works in ways that cannot be measured or fully described in a formal paper. The Spirit spoke to people in subtle and powerful ways, speaking peace and comfort into their lives. John 14:26 states, “But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.” The Spirit even helps people to pray. Romans 8:26 teaches us, “In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans.” I am convinced God spoke to people through this ministry project and sent his Spirit among them.

In a similar way, Part II of the ministry project helped people, mainly my students, through worship songs, devotionals, scripture, and prayer. The Bible commands us to “sing to the Lord” twenty-eight times (NIV), 16 of which are in the book of Psalms. Music and worship work in ways other methods do not. Music has a way of connecting and focusing our hearts and minds on God. People have been stuck inside their homes with few places to go and few people to see. These devotional videos and songs have given people hope and joy in a difficult situation. Even in the best of circumstances, and certainly in the worst, we have to find ways to connect with each other and God.

20 “NIV Search Results for “sing” AND “to” AND “the” AND “lord”.” Accessed 29 Apr. 2020. https://www.blueletterbible.org/search/search.cfm?Criteria=sing+to+the+lord&t=NIV#s=s_primary_0_1
Bibliography

“NIV Search Results for “sing” AND “to” AND “the” AND “lord”.” Accessed 29 Apr. 2020. https://www.blueletterbible.org/search/search.cfm?Criteria=sing+to+the+lord&t=NIV#s=s_primary_0_1


## Appendix A: Service Orders

### 84th - Wednesday Nights

**February 26, 2020 - Faith Development:** Follow Me

<table>
<thead>
<tr>
<th>Length in mins</th>
<th>Audio/Visual</th>
<th>Band</th>
<th>Person</th>
<th>Vocals</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:00</td>
<td>MUSIC VIDEO: So Will I by Hillsong United</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:00</td>
<td><em>All Creatures Of Our God And King</em> [ Default Arrangement in C ]</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:00</td>
<td><em>Mighty To Save</em> [ Default Arrangement in E: Female Lead ] Joanna lead.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3:00</td>
<td><em>I Surrender All</em> [ Default Arrangement in Bb ]</td>
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</tr>
<tr>
<td>5:00</td>
<td>Lent Liturgy from the UMC Book of Worship</td>
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<tr>
<td>4:25</td>
<td><em>Refiner's Fire</em> [ Brian Doerksen in D ]</td>
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<tr>
<td>60:00</td>
<td>Teaching: Follow Me</td>
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<tr>
<td>83:25</td>
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</tbody>
</table>

### Audio/Visual

- **Sound**
  - Mike Wilson

- **Worship Leader**
  - Vince Frampton

### Band

- **Keys**
  - Joanna Frampton

### Speakers

- **Pastor**
  - Greg Wood

- **Speaker**
  - Mandy Fowler
## 84th - Wednesday Nights

**Follow Me: Head**

**March 4, 2020**

**Faith Development: Follow Me**

<table>
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<th>Person</th>
<th>Vocals</th>
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<tr>
<td><strong>3:25</strong> Lord I Need You [ Default Arrangement in A: Alternate Male Lead ]</td>
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<tr>
<td><strong>4:22</strong> Unstoppable God [ Default Arrangement in G: Alternate Male Lead ]</td>
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<tr>
<td><strong>5:45</strong> In Christ Alone [ Default Arrangement in D: Rachel ]</td>
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<tr>
<td><strong>4:00</strong> Speak O Lord [ Default Arrangement in C ]</td>
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</tr>
<tr>
<td><strong>60:00</strong> Follow Me: HEAD</td>
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<td></td>
<td></td>
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<tr>
<td><strong>77:32</strong></td>
<td></td>
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</table>

### Audio/Visual

- **Sound**
  - Mike Wilson

### Band

- **Drums**
  - Jim Wood
- **Keys**
  - Joanna Frampton
- **Viola**
  - Ashley Kooistra
# 84th - Wednesday Nights

**March 11, 2020 - Follow Me: Heart**

<table>
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<th>Band</th>
<th>Person</th>
<th>Vocals</th>
</tr>
</thead>
<tbody>
<tr>
<td>0:00</td>
<td><strong>Open The Eyes Of My Heart</strong> [ Default Arrangement in E ]</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5:31</td>
<td><strong>Reckless Love</strong> [ Cory Asbury in C: Alternate Female ]</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>4:00</td>
<td><strong>Trust In You</strong> [ Default in A ]</td>
<td></td>
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<tr>
<td>4:00</td>
<td><strong>The Heart Of Worship</strong> [ Default Arrangement in D ]</td>
<td></td>
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<tr>
<td>60:00</td>
<td><strong>Teaching: HEART</strong></td>
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<tr>
<td>73:31</td>
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</tbody>
</table>

**Audio/Visual**
- Producer: Vince Frampton
- Sound: Austyn Maynard

**Band**
- **Acoustic Guitar**: Vince Frampton
- **Keys**: Holly Marcoux
84th - Wednesday Nights
March 17, 2020 - Follow Me: Hands

<table>
<thead>
<tr>
<th>Length in mins</th>
<th>Audio/Visual</th>
<th>Band</th>
<th>Person</th>
<th>Vocals</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:25</td>
<td></td>
<td></td>
<td></td>
<td>Lord I Need You [ Default Arrangement in A: Alternate Male Lead ]</td>
</tr>
<tr>
<td>4:30</td>
<td></td>
<td></td>
<td></td>
<td>Cornerstone [ Hillsong Worship in C: Live ]</td>
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<tr>
<td>2:00</td>
<td></td>
<td></td>
<td>Vince</td>
<td>Welcome &amp; Introduction</td>
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<tr>
<td>9:55</td>
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</tbody>
</table>

- Lord I Need You [ Default Arrangement in A: Alternate Male Lead ]
- Cornerstone [ Hillsong Worship in C: Live ]
- Welcome & Introduction

Vince
## 84th - Wednesday Nights

The Meeting Tent  
March 23 & 25, 2020  
Online

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Scripture</th>
<th>Audio/Visual</th>
<th>Band</th>
<th>Person</th>
<th>Vocals</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:00</td>
<td>Devotional: The Meeting Tent</td>
<td>Exodus 33</td>
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<tr>
<td>5:37</td>
<td><strong>Christ Be All Around Me</strong></td>
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<td></td>
</tr>
<tr>
<td>10:37</td>
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</tbody>
</table>
# 84th - Wednesday Nights

**Week 6: Cornerstone Easter Music Video**

**April 13, 2020 Online**

<table>
<thead>
<tr>
<th>Length in mins</th>
<th>Audio/Visual</th>
<th>BandPersonVocals</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>3:10</strong></td>
<td><strong>Easter Mash Up--Online Video</strong>&lt;br&gt;When I Survey the Wondrous Cross, Christ Is Risen, Man of Sorrows, Living Hope, Way Maker</td>
<td></td>
</tr>
</tbody>
</table>

| **3:10**       |             |                 |
Lord I Need You

Words & Music by DANIEL CARSON, MATT MAHER, CHRISTY NOCKELS, and JESSE REEVES

arr. by Vincent D. Frampton

INTRO

[Music notation]

VERSE 1

[Music notation]

CHORUS

[Music notation]

VERSE 2

[Music notation]

BRIDGE

[Music notation]

CHORUS

[Music notation]

TAG

[Music notation]

©2011 worshiptogether.com songs, sixsteps Music, Sweater Weather Music
Wondrous Man of Sorrows Living Hope-Maker
Cornerstone Church Easter 2020

arr. by Vincent D. Frampton

A

1. When I survey the wondrous cross
On which the

B

Prince of Glory died,
My richest gain I count but

My richest gain I count but

Prince of Glory died,
My richest gain I count but
Appendix C: Materials from Follow Me: Following Jesus with your Head, Heart, Hands, and Feet

<table>
<thead>
<tr>
<th>HEAD</th>
<th>HEART</th>
<th>HANDS</th>
<th>FEET</th>
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</thead>
<tbody>
<tr>
<td><strong>Examples of a next step to grow:</strong></td>
<td></td>
<td></td>
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<tr>
<td>• Purchase a study Bible in a translation you can easily read (i.e. NIV or NLT).</td>
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<tr>
<td>• Practice sitting at the feet of Jesus by making the Bible a part of your daily life.</td>
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</table>

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<thead>
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<tbody>
<tr>
<td><strong>Examples of a next step to grow:</strong></td>
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<tr>
<td>• Practice praying or being still with God daily.</td>
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<tr>
<td>• Join or lead a life group.</td>
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<tr>
<td>• Take a step toward healing with a therapist or care group.</td>
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</table>

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<thead>
<tr>
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<th>HEART</th>
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</thead>
<tbody>
<tr>
<td><strong>Examples of a next step to grow:</strong></td>
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<tr>
<td>• Take a spiritual gifts assessment to learn what your spiritual gifts are.</td>
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<tr>
<td>• Serve on a team at Cornerstone or with one of our local ministry partners.</td>
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<tr>
<td>• Practice being generous by giving back to God.</td>
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</table>

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<thead>
<tr>
<th>HEAD</th>
<th>HEART</th>
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<th>FEET</th>
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</thead>
<tbody>
<tr>
<td><strong>Examples of a next step to grow:</strong></td>
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</tr>
<tr>
<td>• Practice telling your story of Jesus’ role in your life.</td>
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<tr>
<td>• Find ways to show God’s love to friends, family, and others God leads you to.</td>
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<tr>
<td>• Look for opportunities to practice living out the fruits of the Spirit in your workplace, school, with friends, etc.</td>
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[cornerstonemi.org/grow]
MESSAGE DISCUSSION GUIDE

FOLLOW ME

February 1±2, 2020

Follow Me • Stand Alone

ICEBREAKER
What does the word disciple or discipleship mean to you?

DISCUSSION QUESTIONS

To Know Jesus Is To Follow Jesus
- What does it mean to follow Jesus now that he’s not physically with us like he was with the 12 disciples?
- Since following Jesus is more about relationship, how would you describe your relationship with Him?
- What are some ways to grow your relationship with Jesus?
- Read Philippians 4:6-7, 1 Peter 5:6-7, John 14:27 & Psalm 34:17-19
- Are there things in your life that could be hindering your relationship with God?
- How does your childhood and your relationship with your parents impact the way you view God today?

Following Jesus Means A Whole Self, Whole Life Yes
- Following Jesus Means Life Now
  - Read John 14:15-31
  - Jesus said in this passage, if we love him, what must we do?
  - When Jesus left us, what did we receive, and how does it help us?
  - Do you believe that Jesus wants the best life for you now?

PRAYER
Heavenly Father, what a privilege it is to carry all our worries and troubles to you. As we face each day may we
share with you what’s on our hearts. We pray Lord that you would convict us of our sins. May you also Lord give us
strength as we face each day and each temptation. Help us to overcome them and follow you. In Jesus’ name we
pray all these things, Amen.

CHALLENGE
Take a look at the insert in the bulletin and see if you live a spiritually balanced life and also find out where you may
be able to improve.

cornerstonechurch

Sign up to receive this Message Discussion Guide by email at:
cornerstonemi.org/LifeGroups