

## **Proposal**

**Title** - The Impact of Culture on Emerging Adulthood

**Program of Study** – Clinical Mental Health Counseling

**Presentation Type** – **Choose one of the following: PowerPoint, Print Poster, Digital Poster, PowerPoint (Remote)**

**Mentor(s) and Mentor Email** - Dr. Joy Maweu Mwendwa (jmmaweu@liberty.edu)

**Student name(s) and email(s)** – Alexander Lagos Choquecahua (alagos@liberty.edu), Amber Bateman (arbateman@liberty.edu), Marcia Bretas (mvbretas@liberty.edu), Suhyun Lee (slee79@liberty.edu), and Ben Dunlea (bedunlea@liberty.edu)

**Category** – **Choose one of the following:** Experimental (Basic), Experimental (Applied), Experimental (Theoretical), Textual, Creative/Artistic. See category descriptions for more information and examples from previous research symposia.

**Abstract:** This presentation is entitled The Impact of Culture on Emerging Adulthood. While there is a lot of research concerning the importance of multicultural competency, we would like to provide further information in an insightful and engaging manner. Using secondary scholarly research as well as personal experiences, we believe the presentation will inspire viewers to recognize the beauty of diversity. The presentation is divided into four major sections, addressing the impact that religion, sexuality and marriage, gender, and career choices affect modern emerging adults in the United States. Our research presentation has three learning objectives which are:

- To gain a better understanding of some specific challenges modern emerging adults are facing.

- To gain a better understanding of five major world religions as well as other cultural factors that influence adult decision making.
- To better understand what an enjoyable and rewarding experience working with diverse populations can be.

With passion and creativity, the presenters (two US citizens and three international students) will share the importance of understanding this increasingly diverse group of young people and how professional counselors can effectively serve this population. The presentation is approximately 50 minutes long, not including the brief question and answer session.