
January/February 2008

2008

1-2008

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Liberty University, "Student Care presents Women's Health Seminar" (2008). *January/February 2008*. 34. https://digitalcommons.liberty.edu/lj_2008_jan/34

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Student Care presents Women's Health Seminar

February 27, 2008

Liberty University's Student Care Office is presenting a Women's Health and Wellness Seminar on Thursday evening.

The seminar, to be held in DeMoss Learning Center room 1113/1114 from 7 to 8:30 p.m., will address topics including nutrition, eating disorders, fitness, women's medical questions, losing the freshman 15, stress and anxiety and more.

Speakers will include Dr. York of Light Medical, Donna Barber (Leader of Body & Soul Fitness Ministries at Thomas Road Baptist Church), Linda Gregory, M.S.N., R.N., Assistant Professor of Nursing at Liberty, Rosie Taylor, Adult Nurse Practitioner and former Director of Health and Counseling at an all women's college, Tracy Wu, Certified Fitness Trainer and LCA Track and Field Coach, and Amy CanneLongo, Associate Director of Student Leadership at Liberty.

www.liberty.edu/studentcare