

## **Presentation Proposal**

**Title** - A Curriculum Guide for a Sexual Wholeness Group Experience

**Program of Study** – Clinical Mental Health Counseling

**Presentation Type** – PowerPoint

**Mentor** – Dr. John C. Thomas

**Student name** – Tim Sosin

This 15-minute presentation will lay out a curriculum plan for a psychoeducational group experience that was created to promote sexual wholeness in the lives and marriages of men who are either engaged or newly married. Research has revealed the need for such a group, and the hope for this curriculum is to equip men early on in their relationships to lead sexual lifestyles marked by truth and peace, rather than by uncertainty and misinformation. Based on measurements of the effects that misconceptions and maladaptive sexual attitudes and behaviors have had on men (Nobre & Pinto-Gouveia, 2006), there is a need for a group that can help men deconstruct previously held beliefs that can hurt a sexual relationship and marriage, and reconstruct attitudes and beliefs that will propel them forward towards peace within their relationships and sexual identity. The overall thesis of the curriculum is to help men grow into the sexual identities God has prepared them to live out in union with Him, and their wives, to teach them about sex and marriage from God's perspective, to pinpoint, and look beyond the ways in which the Fall has affected human sexuality, and to facilitate an adoption of the a Gospel driven, holistic sexual lifestyle marked by redeeming love. It's clear that the expectations of society, friends, family and even religion can make it difficult for one to think, feel, and act himself as a sexual being (Secor-Turner, Sieving, Eisenberg & Skay, 2011). One can also hold

irrational beliefs and standards that can cause sexual difficulty. The course content is rooted in the principles of Rational Emotive Behavioral Theory, and also seeks to provide participants with a chance to reframe the standards and expectations of society, and compare them with the sexual freedom found within obedience to God, and the pursuit of holiness (Keller, 2013). This presentation was developed in consideration of the high amount of value this institution assigns to biblical marriage, in light of the principles put forth by the Word of God by which the University strives to operate and teach. The presentation will include information regarding the need for such a group, and a brief overview of the curriculum. The goal of the presentation is to present the need for such a group, and to provide the curriculum as a potential resource to be utilized within various settings.